

Analysis of the Reform Path of Teaching Quality in Primary and Secondary Schools Under the Background of "Double Reduction"

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Abstract

The improvement of teaching quality in primary and secondary schools is an important measure to implement the "Double reduction" policy, strengthen the main battlefield of school education, and achieve the comprehensive development and healthy growth of students. The quality of education and teaching after the "Double reduction" must be guaranteed by deepening education and teaching reform. This article is based on the background of "Double reduction". Firstly, it analyzes the problems in teaching in primary and secondary schools before the "Double reduction" policy. Secondly, it explains the connotation of teaching quality reform in primary and secondary schools under the "Double reduction" policy. Finally, it proposes feasible paths and significance for teaching quality reform in primary and secondary schools, providing a theoretical basis and path reference for teaching quality reform in primary and secondary schools under the background of "Double reduction".

Keywords

"Double reduction" policy; Reducing the burden of education; School teaching quality.

1. Introduction

On July 24, 2021, the Central Committee of the Communist Party of China and the State Council issued the "Opinions on Further Reducing the Homework and Extracurricular Training Burden of Students in Compulsory Education" (hereinafter referred to as the "Opinions"), proposing to "effectively reduce the heavy homework and extracurricular training burden of students in compulsory education" (hereinafter referred to as the "Double Reduction"). The "Double reduction" policy adheres to the fundamental task of "cultivating morality and talents", with the basic goal of "effectively reducing the homework and off-campus training burden of students", and revolves around the content core of "building a high-quality education service system, comprehensively improving the quality of school education, and strengthening the main role of school education", reshaping the good education ecology, and promoting the development of compulsory education towards a more fair and high-quality path, Realize the transformation of the pattern from "everyone has access to education" to "everyone has access to good education". The "Double reduction" is based on solving the current problems of heavy academic burden in primary and secondary schools, insufficient supervision of off-campus training institutions, and widespread social and family anxiety. It emphasizes the main role of school education, deepening the reform of educational methods, comprehensively improving the quality of school teaching, and cultivating socialist builders and successors with comprehensive development in morality, intelligence, physical fitness, aesthetics, and labor.

Under the background of "Double reduction", schools, teachers, students, and families are facing new challenges. The implementation of the "Double reduction" policy fundamentally depends on improving the quality of education and teaching in primary and secondary schools and achieving the comprehensive development and healthy growth of students. Therefore,

while reducing the burden, schools should take the reform of education and teaching quality as the core axis.

2. Problems in Primary and Secondary Education and Teaching Before the "Double Reduction" Policy

In the exam-oriented education system, achieving high scores has always been a desired and concerned issue for students and parents, so the pressure of exams is an important source of burden for students. Although some burden reduction policies emphasize the comprehensive development of students' comprehensive literacy, they do not take into account their exam-taking needs, which creates contradictions in primary and secondary school teaching. When classroom teaching cannot effectively help students cope with exams, endless homework and extracurricular tutoring not only fail to reduce the burden on students but also add more burden to them. At the same time, a commonly adopted form of classroom teaching in China is whole class teaching, also known as whole class teaching, which refers to the balanced grouping or division of students based on their age and knowledge level, under the guidance of the same teacher, according to the same educational goals and teaching content, fixed courses and schedules, without considering their specific level. This form of teaching organization ignores individual differences among students, making it difficult to achieve personalized teaching and adapting to the future education of personalized development. It also brings significant academic pressure to students.

Specifically, the problems with the quality of teaching in primary and secondary schools before the "Double reduction" can be divided into the following aspects. Firstly, the academic burden on primary and secondary school students is too heavy, and the problems of shortsightedness and utilitarianism have not been properly addressed. Due to the desire of students for scores and the fact that the evaluation mechanism for students is still mainly based on exam results, primary and secondary school students often bear enormous academic pressure, and the excessive pursuit of scores also leads to the problem of utilitarian learning. Secondly, the quality of classroom teaching needs to be improved. In specific teaching activities, some teachers have a single teaching method, lack innovation and attractiveness, and the teaching content is dull, making it difficult to attract the interest of students. Thirdly, some students who experience mental health problems need to receive attention from teachers and parents. Due to the enormous pressure brought by academic performance, some students have encountered mental health problems, among which some students have prominent psychological problems that require timely attention and intervention from parents and teachers.

3. The Connotation of The Reform of Teaching Quality in Primary and Secondary Schools Under the "Double Reduction" Policy

The reform and improvement of teaching quality in primary and secondary schools is not only the value orientation of the "Double reduction" policy but also an important measure to implement it. The connotation of the reform to improve the quality of school teaching is to build a high-quality school education system, achieve the goal of reducing the burden of school education, improve the effectiveness of school education, create a good educational environment, and promote the comprehensive development and healthy growth of students as the primary prerequisite.

On the one hand, the improvement of teaching quality in primary and secondary schools under the background of "Double reduction" is the fundamental task of implementing moral education and talent cultivation. It is to answer the fundamental questions of "what kind of people to cultivate", "how to cultivate people", and "for whom to cultivate people" from the perspective

of the strategic pattern of the great rejuvenation of the Chinese nation and national development. Therefore, improving the quality of school teaching is of great significance. The fundamental task of improving the quality of school teaching is to adhere to the guidance of quality education, collaborate with families to cultivate students and build an education system based on the development of students' core abilities. Teaching students according to their aptitude promotes comprehensive, healthy, and harmonious growth, and cultivates socialist builders and successors with comprehensive development in morality, intelligence, physical fitness, aesthetics, and labor. On the other hand, based on the requirements of the "Double reduction" policy, the core goal of improving the quality of teaching in primary and secondary schools should be to comprehensively build a good educational ecosystem with school education as the main body, and create a healthy, scientific, and orderly growth environment for every child. Schools should ensure that students can fully, comprehensively, and effectively learn within the school, while also ensuring that education returns to the school and learning returns to the classroom. By optimizing educational management, deepening teaching reform, enriching the curriculum system, and improving evaluation methods, schools can improve the overall quality of education and teaching, and achieve supply-side reform of school education.

4. The Path of Teaching Quality Reform in Primary and Secondary Schools Under the "Double Reduction" Policy

4.1. Reshaping educational concepts and improving core competencies

Improving the quality of primary and secondary education is the fundamental path and practical representation for schools to reshape educational concepts, establish a holistic educational concept, and build an educational system based on the development of students' core abilities. Therefore, schools can only promote the construction of a high-quality and sustainable school education ecosystem guided by a scientific educational philosophy.

The first step in improving the quality of school education is to change the previous educational concept that focused on pursuing "exam results" and shift towards the concept of "holistic education" that focuses on cultivating students' "sound personality" and "comprehensive qualities". The concept of "holistic education" is an educational concept aimed at promoting comprehensive human development, which views personality development, knowledge growth, and ability enhancement as the result of student growth. Therefore, schools should have a correct understanding of the concept of "holistic education" and clarify the issues of "people" cultivated by schools. School education should follow the laws of student physical and mental development and pay attention to individual differences; To meet the requirements of social development and cultivate human sociality. Schools should start from the concept of "holistic education", with "morality, intelligence, physical fitness, beauty, and labor" as the basic carriers, and pay attention to the personality and social development of students. Build an education system that prioritizes moral education, intellectual education as the foundation, sports as the foundation, aesthetic education as the key, and labor and technical education as the guarantee, focusing on students' core competencies and promoting their comprehensive and personalized development.

4.2. Reconstructing the education pattern and jointly creating a good education ecology

Improving the quality of primary and secondary education under the "Double reduction" policy is an important measure to rebuild the models of family education, school education, and social education. To this end, schools should play a leading role in education, enhance guidance on family education, connect social education bridges, make family education the "strongest auxiliary" of school education, and make social education the "diverse stage" of school

education. Through the collaboration and linkage between school education, family education, and social education, a collaborative effort is formed to promote the comprehensive development and healthy growth of students and to build a good educational ecosystem centered on student development.

By improving the quality of school teaching, enhancing the attractiveness and cohesion of school education, and building a collaborative education system of shared responsibility, direction, strength, and structure based on reaching a scientific consensus on education among families, schools, and communities. The school adopts a multi-dimensional and three-dimensional education system as a guarantee for the quality of education and combines the characteristics of education, curriculum system, subject content, and student interests to optimize and integrate family and social resources into the planning and management of school education resources. Classifying, integrating, and optimizing the diverse resources of family and society, on the one hand, helps to enhance the educational function of school education, expand the influence of education, and create a distinctive brand of the school; On the other hand, it helps to build a good family, family culture, and parenting, forming a harmonious and harmonious parent-child relationship. At the same time, it can further standardize social education, enhance the service awareness of social education, deepen the concept of lifelong learning for all, and assist in the construction and development of a learning society. To achieve the joint commitment of families, schools, and society to uphold the direction of moral education, share the responsibility of education, jointly assist in the development of high-quality education, and jointly build a comprehensive education personality bureau.

4.3. Strengthen the construction of theme education resources for cultivating morality and nurturing talents

The "Double reduction" policy emphasizes the fundamental task of implementing moral education, promoting the comprehensive development and healthy growth of students. The Several Opinions on Deepening the Reform and Innovation of Ideological and Political Theory Courses in Schools in the New Era points out that ideological and political courses are key courses in implementing the fundamental task of cultivating morality and talents, and we need to accelerate the construction of a network teaching resource library for ideological and political courses. At present, we should further strengthen the construction of high-quality, diverse, comprehensive, and technologically supported basic education and ideological and political education resources, enrich patriotic education, moral education, labor education, education on excellent traditional Chinese culture, life, and safety education, and mental health education, and form an effective mechanism for resource co-construction and sharing. This not only provides basic support for promoting innovation in curriculum ideological and political education in primary and secondary schools but also lays a solid foundation for ideological and political education at all levels and types of schools. Secondly, it is necessary to fully tap into the ideological and political education resources contained in other courses in primary and secondary schools, so that various courses can be integrated with ideological and political elements, cultivate students' socialist core values, and improve the overall educational effect of the school.

4.4. Increase the supply of high-quality teaching resources for students

With the implementation of policies to reduce the homework burden on primary and secondary school students and the burden of off-campus training, the demand for high-quality learning resources from students and parents is also constantly increasing. The "Double Reduction" clearly proposes to provide students with high-quality thematic education resources and learning resources covering all grades and subjects for free through the effective utilization of various online platforms at all levels. Therefore, accelerating the construction of high-quality digital education resources for student self-directed learning and increasing the supply of high-

quality teaching resources for students is of great significance. This measure can fully leverage the advantages of digital education resources in meeting diverse learning needs, assisting cognitive development, and supporting lifelong learning, and better serve students in learning processes such as independent exploration, collaborative learning, and ubiquitous learning. From the perspective of resource content, high-quality digital resources for student self-directed learning should not only refer to subject knowledge learning, but also include various resources that meet the needs of comprehensive literacy development, providing diversified content support for classroom teaching and after-school services in schools; From the perspective of resource form, high-quality digital resources for student self-directed learning are not limited to simple forms of expression such as electronic textbooks and micro courses, but should also integrate emerging technologies such as AR and VR to innovate resource application forms, cultivate students' innovation awareness and problem-solving ability; From the perspective of resource utilization objects, high-quality digital education resources aimed at student self-directed learning should not only serve the compulsory education stage, but also meet the learning needs of special groups and environments such as special education and rural education.

4.5. The significance of teaching quality reform under the background of "Double reduction"

The improvement and reform of the quality of primary and secondary education is of great significance, which can be divided into the following five aspects. Firstly, it can improve educational equity. By improving the quality of education, students from different regions and schools can receive high-quality education, thereby reducing the unequal distribution of educational resources and improving educational equity. Secondly, it helps to cultivate high-quality talents. Improving the quality of primary and secondary education can enhance students' comprehensive qualities and innovative abilities, and cultivate more high-quality talents. These talents will make important contributions to the economic and social development of the country. Thirdly, it helps to promote social fairness and justice. Education is one of the important ways to change social classes. By improving the quality of primary and secondary education, the education of vulnerable groups can be improved, thereby enhancing their social status and promoting social fairness and justice. Fourthly, enhances national competitiveness. High-quality education can enhance a country's innovation ability, talent cultivation ability, and technological level, thereby enhancing its international competitiveness. Fifth, promote the development of education. Improving the quality of primary and secondary education can promote the development of education and improve the overall level of the education system. This can not only provide students with a better educational environment but also promote the progress of civilization in the entire society.

At the same time, the implementation of the "Double reduction" policy has been implemented in detail, effectively alleviating the anxiety of parents and enhancing the sense of education acquisition and happiness of the people. "Double reduction" not only puts effort into "reduction", but also innovates in "increase", aiming to promote educational equity and improve people's satisfaction with education. The implementation of the "Double reduction" policy helps to reduce the academic and homework burden of primary and secondary school students. Its fundamental purpose is to return education to its source so that students can enjoy truly high-quality education and develop healthily and comprehensively. As basic education workers, primary and secondary school teachers must resolutely implement the Party's education policy, accurately grasp the direction of talent cultivation, consciously improve their ideological understanding of "Double reduction", deeply understand the significant significance of "Double reduction", cultivate talents for the Party and the country, and shoulder the historical mission.

5. Conclusion and Discussion

"Double reduction" is a major strategic layout for the reform and development of basic education in the new era. The improvement of teaching quality in primary and secondary education is the key core of cultivating high-quality talents, implementing the "Double reduction" goal, strengthening the main battlefield of school education, promoting the balanced development of compulsory education, and building a fundamental measure of high-quality education and teaching. Reshaping educational concepts, improving students' core literacy, restructuring educational patterns, and jointly creating a good educational ecosystem among schools, families, and society, strengthening the construction of moral education resources, increasing the supply of high-quality teaching resources for students, thereby promoting the implementation of the "Double reduction" policy, assisting the reform of teaching quality in primary and secondary education, and comprehensively building a high-quality and high-level primary and secondary school education system, To lay a solid foundation for the high-quality development of education in our country.

The implementation of the "Double reduction" policy has put forward higher requirements for the quality reform of primary and secondary education. Only by continuously optimizing the curriculum, strengthening the construction of the teaching staff, promoting classroom teaching reform, establishing a scientific student evaluation system, and strengthening home-school cooperation, can primary and secondary school teachers better adapt to the development requirements of the new era and provide a better educational environment and services for the growth and development of students. Meanwhile, the improvement of education and teaching quality is of great significance to students, schools, and even society. The improvement of the quality of primary and secondary education is of great significance for improving educational equity, cultivating high-quality talents, promoting social fairness and justice, enhancing national competitiveness, and promoting the development of education. Schools and teachers should actively engage in improving the quality of teaching and cultivate outstanding talents who can adapt to the development of the times in the context of "Double reduction".

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