

Research on the Cultural Education Path of College Student Apartment

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Abstract

As an important place for students' daily life, study and communication, college student apartment plays an important role in students' campus life, and plays an important influence on students' ideological and political education, physical and mental health, cultural cultivation and other aspects. The purpose of this paper is to discuss the role of college student apartment culture in educating students, and to discuss the education path of college student apartment culture for students from the perspective of cultural education.

Keywords

University; Apartment culture; Education.

1. Introduction

Student apartment culture is the material environment and cultural environment atmosphere formed by all the members of the apartment according to the objective conditions, with the students as the main body, the apartment as the main activity space, the extracurricular activities as the main content, and the campus spirit as the main feature. Apartment culture consists of two forms, namely, surface culture and deep culture. Surface culture refers to the specific life phenomenon in the apartment of college students, and deep culture refers to the cultural concept reflected in the apartment life of college students. Its characteristics are mainly contemporary, inclusiveness, guidance and diversity. In addition to the ideological and political education, physical and mental health, behavior habits and other aspects mentioned in this paper, the student apartment culture also has a profound impact on students in many other aspects.

2. Research Background and Significance

As an important part of students' life, the cultural construction of college student apartment is of great significance to the growth and development of students, and the research of cultural education path will help to improve the effect of the cultural construction of college student apartment and promote the healthy growth of students. Through the in-depth study of the role of cultural education of college student apartments, it can provide theoretical guidance and practical reference for the management and cultural construction of college student apartments. This paper will study the influence of student apartment culture on students' learning atmosphere, self-discipline and self-reliance, physical and mental health, social interaction and other aspects. Through the analysis and study of the influence of the cultural construction of the student apartment on the learning atmosphere, self-discipline and self-reliance, physical and mental health, social communication and other aspects, the apartment culture has great attraction and cohesion, shows the connotation of the apartment culture, and creates a good cultural atmosphere of the student apartment, so as to achieve the expected effect of cultural education.

3. Analysis of the Current Situation of College Student Apartment Culture Construction

Through the review of related research achievements at home and abroad, found in some colleges and universities, student apartment culture construction has made certain achievements, such as building apartment educational culture atmosphere, to carry out a series of cultural art festival, volunteer service activities, but there are also some problems, such as students of apartment cultural activities participation is not high, cultural atmosphere is not strong, students of apartment culture understanding is not deep, not interested in. In addition, some colleges and universities organize relatively few student apartment cultural activities, which are lack of attraction and participation. In addition, the cultural construction of some student apartments lacks institutional guarantee and innovation, which is not consistent with the development plan of the school, which affects the educational effect of the student apartment culture.

To sum up, the cultural construction of college student apartment is faced with the problems such as weak cultural atmosphere, uneven management level, insufficient cultural activities, low student participation and insufficient connection with the school education goal. In view of these problems, the school and relevant departments need to strengthen management, enrich cultural activities, encourage students to participate, and strengthen the connection with the school's education goals, so as to improve the educational effect of the cultural construction of student apartments.

4. The Influence of College Student Apartment Culture on Students

4.1. The influence of college student apartment culture on students' ideological and political education

College student apartment culture is not only a living and learning environment, but also can create a good ideological and political education environment and improve students' ideological and political literacy. Therefore, the influence of student apartment culture on students is comprehensive, good student apartment culture can create a positive learning atmosphere, promote the students' learning motivation, can also play in the ideological and political education orientation function, guide students to abide by the laws and regulations and regulations, develop good behavior habits, set up the correct outlook on life and values. A good student apartment culture can provide a positive and upward learning environment, for example, the student apartment internal area design, facilities and apartment environment management to the students 'ideological and political education, effect, conducive to inspire students in the environment, to promote the students' ideological and political accomplishment and all-round development.

4.2. The influence of college student apartment culture on students' self-management ability

In college student apartments, students need to have the self-management ability, such as consciously abide by the rules and regulations of the apartment, and consciously maintain the dormitory harmony. In the process of shaping the student apartment culture, it is helpful to cultivate students 'self-management awareness and improve students' self-management ability. Through the shaping of the student apartment culture, students can gradually cultivate the ability to consciously abide by the rules and self-management, mobilize the enthusiasm and creativity of students, which is conducive to the development of the management and cultural construction of the student apartment. Student apartment culture can also influence students' social skills and interpersonal relationships. In the student apartment, good communication

and cooperation between students and different people make them learn to get along well with others and respect each other, which are important parts of self-management.

4.3. The influence of college students 'apartment culture on students' physical and mental health

The impact of the student apartment environment on students' physical health. The environment of college student apartment has an important influence on their physical and mental health. First, the health and safety conditions of student apartments are directly related to the health of students. A clean and safe living environment helps students to maintain a good physical condition and reduce the risk of disease transmission. Secondly, the quiet and tranquility of student apartments also have an important impact on students' mental health. A quiet learning environment and sufficient rest space can help students to relieve their study pressure and maintain a good psychological state.

The promotion effect of student apartment cultural activities on students' physical and mental health. Student apartment cultural activities are an important part of student apartment culture. By holding various forms of cultural activities, such as cultural performances, health lectures, sports competitions, etc., it can effectively promote students' physical and mental health. These activities not only enrich students 'after-school life, but also help students to release pressure, enhance friendship, improve their physical quality, so as to comprehensively promote the development of students' physical and mental health.

4.4. The influence of college student apartment culture on student teamwork

College student apartment is a shared space for students to live and study, and the cultural education construction of the student apartment provides a space for students to share and cooperate. By participating in various collective activities, such as artistic performances, theme activities and academic exchanges, the collective sense of honor and pride, and the team spirit are enhanced. In this way, students can consciously become the builders and disseminators of apartment culture, so as to realize the steady progress of student apartment culture construction. At the same time, the student apartment is also a place for students to live collectively. In dealing with the relationship with roommates, classmates, administrators and other personnel, improve the social communication ability and social competitiveness, and lay a good foundation for the future social communication.

4.5. The influence of college student apartment culture on students' behavior habits

Students are influenced by the apartment culture in the behavior, behavior and habits of the student apartment, such as developing the awareness of saving resources and environmental protection, and the ability to get along independently and harmoniously. And college students apartment belongs to the students 'public life, learning space, good habits is learning consciousness, self-discipline, the basis of harmonious guarantee, the shaping of apartment culture helps to cultivate students' good behavior habits, help to create a good learning atmosphere, help to build a good interpersonal relationship, for the healthy growth of college students plays a vital role.

5. Path and Strategy of Cultural Education in College Student Apartment

5.1. Strengthening ideological and political education

Combine the actual situation of the school, integrate resources and carry out ideological and political education activities based on the student apartment; organize face-to-face activities between ideological teachers and students, master the situation of students, understand the needs of students, close the relationship between teachers and students, let students fully feel

the spiritual power of ideological education, and implement the role of "moral education, bacon and casting soul". Schools should also organize and carry out ideological and political education practice activities according to the characteristics of students, such as visiting the school party history hall, school history hall, theme education sharing meeting, carrying out social volunteer service activities in the community, and forming educational brand activities with cultural characteristics, so that ideological and political education goes out of the classroom and into the student community.

5.2. Establish diversified cultural activities

By holding various forms of cultural activities, such as lectures, competitions, exhibitions, etc., to enrich students' cultural life and guide students to establish correct cultural values. Using the educational carrier of the student apartment, fully integrate into the ideological and political education of college students, create a civilized, elegant and comfortable living and learning environment, and create the cultural space construction of the apartment. Organize the activities, hold calligraphy and painting competition, learning dormitory competition, fun sports meeting, poetry competition and other activities, improve the students' enthusiasm in apartment cultural activities and enrich the dormitory to create rich and colorful recreational and sports activities, such as human body printer, roller skating competition, UAV competition, etc., to enrich the second classroom activity space and create a strong positive apartment culture atmosphere. Through the activities, students can fully mobilize their enthusiasm, stimulate their innovative thinking, exercise their various abilities, create a strong positive apartment cultural atmosphere, enrich the campus culture, and establish cultural confidence.

5.3. Strengthen the construction of the student team

Encourage students to actively participate in the daily management of student apartment, improve their self management, self education, self service ability, give full play to the student union, student community, dormitory long in the apartment culture construction and management services, can set up a student autonomous committee or apartment autonomy management committee, composed of student representatives and related managers, aims to guide students to self-discipline, self management, participate in community construction and building management, cultivate students' autonomous consciousness and self-discipline ability, responsible for the daily management of student apartment and problem processing. Through the student organization to assist in the daily management of the student apartment, strengthen the daily duty patrol, health evaluation, discipline inspection and daily activities, and pay attention to the management discipline of the student organization, regularly carry out team building and peer psychological counseling and other activities. Student representatives can also be involved in the formulation of relevant rules and regulations on apartment management, which clearly stipulate the rights and obligations of students in the apartment, the use of public facilities, safety management system, and the handling of violations. In this way, students can participate in the apartment management, play a role in the students' self-education management service, apartment culture construction and other aspects, and enhance their management awareness and sense of responsibility.

5.4. Pay attention to mental health education

Schools can pay close attention to students' mental health needs and create a good mental health atmosphere by carrying out mental health education activities and providing psychological counseling services. In student apartment set mental health activity room, with psychological sand table, people and other professional tools, regularly carry out mental health knowledge training, improve the ability to identify psychological abnormal situation, regularly to provide personal counseling, psychological abnormal screening, mental health activities guidance, set up by the dormitory long mental health researcher, regularly carry out mental

health knowledge training, improve the ability to identify mental abnormalities. Improve the early warning and intervention network of mental health education, early detect and report psychological problems and emergencies among students, and improve the initiative and pertinacity of mental health education.

5.5. Strengthen the sense of social responsibility

Through community activities, volunteer service, work-study, practice way to participate in the apartment culture construction, in the student apartment building activity place cluster, cultivating cultural brand activities, the deep theme service point of cultural characteristics, create a good atmosphere of student apartment culture education, guide students to set up the correct social responsibility consciousness. Organize various educational activities on social responsibility topics, such as lectures, seminars, themed class meetings, etc. Advocate and create a cultural atmosphere to promote social responsibility, emphasize the importance of social responsibility through campus publicity, cultural activities and other ways, and guide students to establish correct social values and responsibility concept.

6. Conclusion

College student apartment culture has an important influence on students' ideological and political education, physical and mental health, behavior habit formation and other aspects, and plays a positive role in promoting the comprehensive development of students' comprehensive quality. In the future, college students apartment culture education work can be further strengthened, through the student apartment the ideological and political education, targeted to carry out apartment culture education work, give play to the role of the main body of students, to build "around students, care for students, service students" work as the guidance, seek common ground while putting aside differences, innovation and development, further explore research, improve the college students apartment culture education path theory framework and practice path, cultivate the comprehensive development of innovative talents, so as to promote the sustainable development of student apartment culture education work.

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