

Analysis of Dance Teaching in Colleges and Artistic Quality Education for College Students

Yan Wang

Shaanxi Song and Dance Theater Co., Ltd, Xi'an City, Shaanxi Province, 710061, China

Abstract

The development of education is increasingly tending to quality education. At present, colleges and universities actively promote the implementation of quality education with dance as the carrier, which is an important educational reform. However, with the reform of quality education, higher requirements have been put forward for dance teaching. We should not only let students master the basic skills of dance, but also impart the professional knowledge of dance to students. At the same time, we should pay attention to the basic skills and basic skills of students, so that the comprehensive quality of students can be further improved. At the same time, from the perspective of multiculturalism, colleges and universities should pay attention to improving the teaching quality of dance classes, combine classroom teaching with the artistic quality of college students, create a good learning environment, fully develop students' abilities, and better integrate students into the society. This paper starts with the current role of dance teaching in colleges and universities, expounds the problems existing in the current dance teaching in colleges and universities, and puts forward a series of practical and effective countermeasures to provide reference for further improving the artistic quality education of college students in the future.

Keywords

Dance teaching in colleges; College students; Art quality education.

1. Introduction

With the continuous development of educational concepts, more and more people are aware of the importance of implementing quality education. Dance is a discipline of art majors in colleges. Its teaching can not only improve students' temperament, but also cultivate students' emotions. If college teachers need to combine the corresponding quality education ideas when teaching students to dance, it can not only promote students' artistic quality, but also improve the cultivation of artistic quality. At the same time, to fully adapt to the requirements of social development, the task of training talents falls on the shoulders of quality education. Art courses such as dance can fully mobilize students' initiative, comprehensively improve students' artistic aesthetics, and also promote students' personal temperament. Therefore, in colleges and universities, dance, as an important part of quality education, must make teachers and students fully aware of its significance, so as to improve it comprehensively.

2. Research on the Role of Dance Teaching In Colleges in Cultivating College Students' Artistic Quality

First, dance is an art that was born earlier. It can make students' bodies more soft, so as to achieve better development goals. The most important thing is that it can exercise students' emotions, so as to enhance students' self-confidence. The active development of dance teaching in colleges is conducive to improving the comprehensive quality of college students. Through dance, people can convey many positive ideas through dance, and learn dance to gain

appreciation, so as to continuously improve their artistic quality. Carrying out dance education in colleges can help students understand dance, feel its beauty, and carry out quality education. In practice, dance can also transmit the strength of its humanistic spirit, thus making it have aesthetic value, thus making it continuously promote the development of social culture. Secondly, through learning dance, students can understand and appreciate the art of dance, and deeply feel the aesthetic and humanistic spirit contained in dance, so that students' emotions can be continuously cultivated. Dance teaching in colleges and universities not only provides a more scientific and active stage for aesthetic education, but also enables students to improve their self-cultivation and sublimate their spirit in the process of learning dance. During college, college students should not only limit their learning thoughts to the professional knowledge in textbooks, but also constantly enrich their life and spare time life in the process of learning dance, so as to achieve lifelong learning of quality education in modern society. Thirdly, dance education in colleges can also improve the psychological quality of college students. Dance action is a kind of human behavior art, and its various forms are aesthetic connotations formed through a long development. The form of expression of dance is closely related to image thinking, and students cannot leave image thinking in the process of appreciating dance. Therefore, in the actual appreciation of dance art, college students can actively use imagination to understand the meaning of each dance step, which can not only make students' thoughts active, but also enhance students' self-confidence, thus improving students' psychological quality to some extent. At the same time, it can also promote dance teaching in colleges. In addition, this kind of collective teaching can cultivate students' team consciousness and collective spirit, enable students to cooperate and help each other, and achieve win-win results. At the same time, carrying out dance teaching can help students develop perseverance, improve their comprehensive quality, and better adapt to the development of society. Fourth, good shaping of college students' spiritual quality. Dancing is an art that can give people a unique charm and make people happy. In the eyes of people who can dance, dance is a bridge of spiritual communication. People who can dance can resonate with themselves. This resonance is a kind of spiritual resonance, a kind of artistic sublimation, which needs a long time of practice and persistence. Therefore, during the dance teaching, the teacher will give some training to the students, expecting them to study hard and constantly improve their dancing willpower in the practice. At the same time, the teacher will also tell the students about the legendary life course of celebrities, and pass on the students' excellent spirit and the spirit of fighting for art to the end. At the same time, as a dance teacher, we should learn from excellent dancers in our daily life, so that students can get good education and artistic edification in this process, and cultivate students' spirit of hard work, perseverance and struggle for art. At the same time, students should also be encouraged to practice their favorite dances, so that their overall quality can be comprehensively improved, so as to achieve better artistic quality. Fifth, the overall development of college students' artistic quality. At present, China's higher education is undergoing a huge transformation, and it has entered a transitional period. It is necessary to effectively improve its professional quality and improve its overall cultural level. China's dance culture has a long history, and the types of dance are also diverse. Each student can find his or her own interest and find his or her own specialty in it, which is why dance is so attractive to students. At the same time, in the process of learning dance, you can improve your temperament, promote your artistic level, and make yourself more talented. In school, students can show their personality charm by dancing, so as to cultivate better artistic quality [1].

3. Current Problems in Dance Teaching in Colleges

(1) Didn't realize the importance of dance teaching in colleges

With the continuous development of social economy, people's living quality and standard have been improved. With the deepening of the new curriculum reform, dance teaching in colleges has been paid more and more attention in the development of our country. Therefore, in order to enhance its competitive advantage, we must keep pace with the times and actively carry out dance education. At present, some colleges do not pay enough attention to dance education. In practice, there are some problems in backward teaching content and teaching methods. At the same time, due to the insufficient attention paid by the school to dance courses, the infrastructure of dance teaching is not sound, and the students' learning process is not complete, resulting in the students can not feel the joy and charm of dance in learning. However, due to the insufficient attention paid to dance education by colleges in China, there are major problems in the current dance education in China [2].

(2) The faculty of dance teaching in colleges is insufficient

Generally, there are dance associations and dance art troupes in colleges, while the number of dance teams in different professional schools or departments is small, but they are of a certain scale and level. However, there are few dance teachers with certain scale, level and high quality in China at present. Therefore, at present, the teaching staff of dance education in colleges in China is still relatively weak, and the overall teaching level is also relatively low, resulting in some teachers' understanding of dance art is not thorough enough to actively improve their teaching quality, leading to the shortage of teachers with high education level.

(3) The dance teaching system in colleges is not scientific

Under the background of the new curriculum reform, teachers should give full play to students' quality in classroom teaching to improve students' scientificity. However, some teachers' understanding of the new curriculum reform is not thorough enough. In practice, they still adopt the method of "indoctrination", which seriously restricts students' autonomous learning. At the same time, due to the lack of in-depth understanding of students' learning conditions, the quality and effect of teaching are very poor. The nonstandard dance teaching in colleges greatly limits the improvement of college students' artistic quality, which has a negative impact on the development of education in China [3].

(4) Students do not realize the charm of dance

For a long time, influenced by exam-oriented education, students have a monotonous way of thinking in learning. Most students feel that dance teaching is meaningless learning, so they don't pay much attention to learning. Although some students feel the charm of dance, they often can't stick to it. They only learn some basic things with enthusiasm, which makes the teaching quality and effect of dance unsatisfactory.

4. Effective Measures for College Students' Artistic Quality in Dance Teaching

(1) Change the dance teaching idea in colleges and

At present, there are many problems in China's universities, such as "artistic quality", "professional quality" and "professional culture". In order to carry out effective dance teaching in colleges and effectively improve its effect, we must change the misunderstanding of school leaders and students on dance. Through the in-depth understanding of art quality education for students, we realize the importance of art quality education for students, and then take the initiative to open corresponding dance classes, reasonably arrange the teaching of dance classes, and strengthen the guidance of students in teaching to promote the comprehensive quality of students. In addition, colleges should pay more attention to dance teaching and increase investment in dance. Especially in terms of funds, necessary equipment shall be purchased to ensure the quality of dance teaching. In addition, colleges should also pay

attention to the professional quality and ability of dance teachers, and invite some professional teachers to teach, which is very helpful to improve the overall level of dance. Only by knowing more can we guarantee the quality of dance [4].

(2) Effectively enrich the content of dance teaching in colleges

At present, the majority of non-dance majors in colleges in China. Therefore, if we want to cultivate students' comprehensive quality in dance teaching, we must cultivate students' appreciation ability and enhance students' aesthetic awareness through rich teaching content, so that students can better understand the artistic expression of dance. In this case, the teacher can select dance works suitable for himself according to the students' understanding and learning situation, increase the content of dance, and make students understand the history and cultural background of dance. For example, current college students like some fashionable things. Teachers can choose some popular songs, such as jazz, hip hop, etc. If the teacher's ability is strong enough, he can demonstrate it by himself, which can better mobilize the enthusiasm of the students. At the same time, the teacher will explain the origin and culture of dance to the students, which will greatly improve the students' understanding of dance.

(3) Increase investment in dance teaching

Colleges must fully realize the importance of carrying out dance education, and give certain funds to promote the improvement of the overall quality of the school, improve the level of dance education in the school, and also slowly enter the school education. In addition, colleges should actively purchase advanced and scientific dance teaching equipment in modern society, actively improve dance teaching on campus, so that teachers and students can get physical and mental pleasure in the teaching process. In the beautiful teaching atmosphere, we should constantly improve the teaching effect, achieve the teaching purpose, constantly improve the comprehensive quality of college students, and promote the development of dance education in colleges.

(4) Continuously optimize dance teaching

In order to improve the comprehensive quality of students, colleges should actively innovate and optimize dance courses to make dance courses colorful and interesting. In the actual dance teaching, the teacher makes the teaching content more targeted by mastering the students' specific abilities, and to some extent reflects the students' subjectivity. We should not only respect the development of students, but also make students have a broader space to show themselves in learning, so that students can have a continuous interest in dance learning. In dance teaching, teachers can also make more vivid and vivid teaching videos for students to appreciate, so as to stimulate students' enthusiasm and interest in learning and enrich dance teaching content. In dance teaching, teachers should let students show themselves in class. For example, in the classroom, students can take the initiative to organize a dance performance to enhance their self-confidence and make them realize the advantages of dance. In the evaluation process, teachers should ensure that the evaluation is objective and fair, so that students can understand their learning situation more clearly from the teacher's evaluation. In the teaching process, teachers should guide students more patiently to improve students' artistic quality education.

(5) Constantly innovate dance teaching content and means

With the development of society, colleges should keep pace with the times and innovate in teaching content and means. In practical teaching, we should teach the humanistic knowledge of dance in a meaningful way, so that it can better understand the connotation of dance and enrich its teaching content. For example, teachers can organize various forms of extracurricular activities, such as dance lectures, competitions, etc. At the same time, we should constantly innovate the content and means of dance teaching, improve students' interest in learning,

(6) Student-centered learning

"People oriented" is an educational idea that colleges should follow in the teaching process, which is consistent with the requirements of the new round of curriculum reform. In traditional teaching, teachers master the teaching method and process, and belong to the main body of the classroom. Generally speaking, they are taught in the way of "teaching students and learning". The students are only an assistant. In this process, the students have little communication. In today's society, education is more about thinking from the perspective of students. Teachers guide students into the process of learning and cultivate students' logical thinking by finding, analyzing and solving problems. At the same time, the curriculum content of art majors is open, and simple "teaching students to learn" cannot arouse students' interest, while independent learning methods are more conducive to students' learning. Teachers can use the method of situational simulation to let students interact and practice by themselves after completing the demonstration. Through this method, students' creativity and autonomy can be cultivated, so as to improve their learning interest and creativity [5].

(7) Continuously improve the comprehensive quality of teachers

To improve the comprehensive quality of students, we must have higher artistic quality, so as to ensure the overall quality and level of dance. In practice, teachers should have a deep understanding and love of dance. When imparting knowledge and skills, we should actively let students feel their emotions so as to stimulate students' interest in learning. At the same time, teachers should constantly enrich themselves and consolidate their dance foundation in their spare time. For example, teachers can actively participate in some social activities to enrich their own dance content. At the same time, colleges should also actively introduce high-quality dance teachers and cultivate a team of dance teachers with strong overall quality, so as to further improve the overall quality of dance education. Improve the overall level of art education.

5. Conclusion

In a word, college dance teaching is not only related to students' artistic quality, but also related to the overall development of students. Therefore, colleges must pay more attention to dance teaching, constantly improve the teaching content of dance, adopt a variety of different teaching methods, not only improve students' physique, but also promote students' artistic literacy education, and lay a solid foundation for training comprehensive talents.

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