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# Exploration on the Ways of Integrating Chinese Traditional Culture into English Teaching

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#### **Abstract**

Nowadays, English is a common language in the world and is also an important course. Students can improve their language literacy and ability by learning English. However, the current situation of English textbooks in the pursuit of using original English materials as learning content makes English culture widely spread, while China 's excellent traditional culture seems to be backward. Therefore, integrating traditional culture into English teaching has become a new direction of teaching English. This paper discusses the importance of inheriting and carrying forward Chinese traditional culture in English classroom, and explores the ways and methods for English teachers to better integrate teaching with it.

#### **Keywords**

Chinese traditional culture, English teaching, Ways.

#### 1. Introduction

The significance of infiltrating Chinese traditional culture in English teaching is not only to enable students to develop their English core literacy in an all-round way and become talents who can better adapt to life and society in the future, but also to make them become a new generation of talents who can shoulder the responsibility of the great rejuvenation of the Chinese nation. The development of the country and society depends on talents. The trend of the times is booming, and the cultural core condensed by people is used as a development guide. The country and society, small families and individuals have a visible and promising future. Therefore, it is inevitable to infiltrate Chinese traditional culture into English teaching.

# 2. The Importance of Integrating Traditional Culture into English Teaching Section Headings

#### 2.1. To cultivate college students 'interest in English learning

In the way of learning, students still rely on rote to remember words, grammar, oral English is also dumb. In this way of learning and learning state, it is impossible to improve students 'English application ability and intercultural communication ability. At present, some teachers focus on teaching Western history and culture in college English teaching, which leads to students 'psychological sense of distance. Therefore, the integration of Chinese traditional culture education into college English teaching can make students have a sense of intimacy and intimacy in English learning, so as to generate interest in learning and be willing to take the initiative to learn English consciously, thus improving the effect of English teaching.

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#### 2.2. Fostering College Students 'Intercultural Communication Competence

Under the background of traditional culture entering the campus and going abroad, how English teaching can help students understand and learn western history and culture, at the same time, it can be familiar with Chinese excellent traditional culture and tell Chinese stories well in English has become a common concern of many English educators. In recent years, with the continuous enhancement of China 's comprehensive national strength, the number of Chinese students going abroad is increasing, the number of foreign students studying in China is also rising rapidly, and the opportunities for mutual understanding and learning between the two sides are also increasing. Therefore, we should not only understand the world, but also let the world know China.In the exchanges between China and foreign countries, we should vigorously promote and spread Chinese traditional culture and let China go to the world.

#### 2.3. Conducive to enhancing students' cultural self-confidence

As socialist builders and successors, contemporary Chinese students should have a sense of national cultural identity and patriotism. Therefore, integrating excellent Chinese traditional culture into college English teaching and letting students fully understand the splendid culture of our country can not only stimulate students 'national pride, but also help to cultivate their patriotism and enhance their cultural confidence. Nowadays, the influence of western culture and lifestyle on Chinese college students is increasing, and the world outlook, outlook on life and values of college students have a certain degree of deviation. It is more necessary to integrate Chinese excellent traditional culture education into college English teaching, so as to help them establish a correct world outlook, outlook on life and values, and correctly understand and view the cultural differences between China and the West.

## 3. Exploration of Approaches to Integrating Chinese Traditional Culture into English Teaching

#### 3.1. Cultural differences understanding

In teaching, students should first realize the differences between Chinese and Western cultures. When teaching, the teacher should teach students more about Chinese traditional culture and compare it with Western culture, so that students can understand the differences from it, so that students can understand Chinese traditional culture with Western logic, so that students can have independent thinking ability and look at it in a variety of ways.

#### 3.2. Integrated teaching content

Traditional English textbooks mainly introduce foreign culture, customs and life, but rarely involve Chinese traditional culture. With the emphasis and inheritance of Chinese traditional culture, English teaching should integrate Chinese traditional culture into the whole process of education. In English teaching, English teaching materials are the main teaching basis. Integrating a large amount of Chinese traditional culture into the teaching materials is conducive to cultivating college students' habits of learning Chinese traditional culture. By understanding and learning Chinese traditional culture, students will subtly learn the excellent quality and improve their own quality on the basis of mastering excellent culture.

### 3.3. Enhancement of College English Teachers' Accomplishment of Traditional Chinese Culture

Teachers are the guide of students 'learning and the example of students 'learning. Therefore, teachers should take into account the learning of Chinese traditional culture while consolidating their professional knowledge. They should set an example and be a model for others. They should show their love for Chinese traditional culture and uphold good quality in both class and life. In the English class, the relevant Chinese traditional culture is taught to

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college students through articles on Chinese excellent culture, so that students can learn Chinese traditional culture while learning English language.

### 3.4. Enriching the educational methods of Chinese traditional culture in English teaching

In order to better integrate Chinese traditional culture into college English teaching, we should enrich teaching methods and arouse college students' interest in learning Chinese traditional culture. For example: let students translate Chinese excellent poetry, articles, etc. into English, from which to understand the profound Chinese culture; students can introduce their interested Chinese traditional culture in English; can let the students carry on the Chinese traditional culture English speech contest; students can also choose their favorite TV, movies, articles that can express Chinese traditional culture to perform in English.

#### 4. Make Full Use of The Second Classroom and Social Practice Activities

Use the second classroom to hold foreign language cultural festival and other activities. To achieve the goal of cultivating 'cultural awareness', we should not only design cultural knowledge dissemination activities, but also design attitude cultivation and value construction activities. For example, in the practical writing of the Dragon Boat Festival, students should not be limited to learning how to express the relevant vocabulary of the Dragon Boat Festival in English, apply the writing mode, write an invitation letter of about 100 words, but also integrate patriotism into teaching, Qu Yuan 's attitude towards the suffering of the people, etc. English teaching can give full play to the role of the second classroom.

#### 5. Conclusion

Chinese traditional culture is the crystallization of the history and spirit of the Chinese nation, the epitome of the Chinese nation, and the manifestation of the excellent quality of the Chinese nation. English is a common language in the world. Mastering English is not only mastering a language, but also understanding foreign culture by mastering English, and spreading Chinese traditional culture through English, so that people in the world can know the charm and strength of Chinese national culture. Therefore, it is very important to integrate Chinese traditional culture into English teaching. Based on multimodal Chinese culture English discourse, a integrates English language knowledge, language skills, Chinese and foreign cultural knowledge and learning strategies, so that students can adopt independent and cooperative learning methods in comprehensive, relevant and practical English learning activities, participate in classroom inquiry activities, advocate critical reading, and form the meaning construction of text themes, so as to deepen their understanding of Chinese culture and form cultural self-confidence. In this process, students can cultivate their thinking quality and expression ability, spread Chinese excellent culture, and form real cross-cultural communication and expression ability.

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