# The Current Situation of After-school Tutoring for Junior High School Students under the "Double Reduction" Policy

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#### Abstract

On July 24,2021, the General Offices of the CPC Central Committee and the General Office of the State Council officially issued the Opinions on Further Reducing the homework burden and Off-campus Training burden of Students in Compulsory Education (hereinafter referred to as the "Double Reduction").With the implementation and promulgation of the double reduction policy, a large number of non-compliant off-school training institutions have been transformed or closed, and the number of junior high school students participating in after-school tutoring has also been greatly reduced. This article mainly studies the current situation of after-school tutoring for junior high school students under the new situation, and puts forward solutions to the problems found.

#### **Keywords**

"Double reduction" policy; Junior high school students; After-school guidance.

# 1. Introduction

With the continuous development of social economy and political culture, the national education level is becoming higher and higher, on the basis of compulsory education in the schools tend to improve the flexibility of teaching content to cultivate quality students, besides due to the continuous development of economic and technological life, electronic products to a certain extent corrode the students' mind, some parents because of their knowledge reserves and work for children, so "outside tutoring" produced certain social needs.Learning in junior high school is more important, which is a cornerstone for the success of students' future employment. Therefore, in order to achieve certain goals of graduation and ability improvement, extracurricular learning has become a big choice for junior high school students and their parents.In recent years, the after-school tutoring industry has developed frantically, forming an "after-school tutoring fever". The score theory makes students, parents and teachers have great educational anxiety.Based on this, the state has issued the "double reduction" policy, aiming to reduce the academic pressure of students, reduce the economic burden of parents, so that schools can achieve the goal of improving the teaching quality, and promote the sound development of school, family and society.

# 2. Related Concept Definition

"Double reduction" policy: To reduce the homework burden of compulsory education students and the burden of compulsory education training; aims to further reduce the burden of students in compulsory education and improve the teaching quality  $1_{\circ}$ 

After-school tutoring: Refers to the paid education activities with the nature of economic behavior outside the school education under the leadership of the market. Its content and form exist with classroom education and changes with the change of the mainstream education system curriculum, so it is vividly called "shadow education"2. School tutoring institutions specifically refers to the school life, for students to organize different types of education activities, not only have comprehensive after-school tutoring institutions, but also has many

professional tutoring institutions.But this paper only aims at the after-school tutoring institutions related to their study, not including art courses such as music and painting.Art tutoring institutions are not within the scope of the double reduction policy, so they are not in the scope of this paper.

## 3. The Research Purpose and Significance of This Paper

Theoretical significance: Through the search of literature data, this paper studies more literature on extracurricular tutoring and shadow education in primary and secondary schools, combines with the market strategy analysis of after-school tutoring, and discusses the development situation at home and abroad, so as to provide a practical basis for the implementation of the double reduction policy.

Practical significance: For the tutoring institutions, the research results of this paper can help them to understand their own overall strength under the new situation, and better plan the future development of the institutions.For the mainstream schools surveyed, they can enhance their own development and student recognition.For parents and students, it is conducive to a better choice of suitable own formal tutoring institutions and a better understanding of the industry insider.

# 4. The Reasons for the Formation of the After-school Tutoring Fever for Junior High School Students Before the Double Reduction Policy

Since ancient times, private school education has been very popular in China, and school education and after-school tutoring have gradually evolved from it.Junior high school is a key period for students to accumulate knowledge and develop good learning habits. It is also a key step from high school to university and a better future. In many developing countries, junior high school students is a common phenomenon.Now in our country due to the rapid development of social economy, people's living standards, our country is a cultural power, so the importance on education, learning content more flexible, on the one hand, parents are busy work inadvertently care for children, the development of electronic information make children in no parents will indulge to games and unintentional learning, on the other hand, many parents own knowledge level is not enough, so need professional counseling to children's homework and content for after-school tutoring.This has triggered the "after-school tutoring fever" for junior high school students.

#### 5. Analysis of the Advantages and Disadvantages of After-school Tutoring

Advantages: School education is given priority to with class teaching system, because students have unique personality differences and intelligence difference big class teaching cannot meet the inner needs of every student, outside tutoring institutions according to students' own development nature and personality development to teach it to regain their interest in learning, outside tutors for college students, young teachers have no generation gap in communication or even with friends.

Disadvantages: After-school tutoring institutions charge a certain monthly teaching fee, and some tutoring institutions have high tuition fees, so parents need to pay a certain economic price, which will produce a certain economic pressure and reduce the family happiness index.Schools for nine-year compulsory education and teachers are not allowed to punish students with corporal punishment in any way, and the tutoring institutions belong to individuals, students perform poorly in bad behavior or study seriously teachers will take corresponding punishment measures, so it does not guarantee the safety of students themselves.

# 6. Investigation of After-school Study Status of Junior High School Students

After-school tutoring institutions generally strengthen and provide in-depth guidance for inschool courses.Usually, the traditional school education is "Chinese", "mathematics" and "English", the courses above are generally the main content of after-school institutions.

A survey of 100 junior high school students and 100 parents of students in a middle school in Changchun. The survey showed that the proportion of junior high school students participated in 68 percent before the implementation of the policy, and only 100 junior high school students participated in after-school tutoring after the implementation of the policy. In the past, 100 parents chose after-school tutoring institutions with mathematics, physics and teaching focus, which paid the highest attention to mathematics. The tutors adopted class teaching system for large class teaching or one-to-one tutoring. The tutoring institutions chosen by their parents often have a certain reputation, but the tutors do not necessarily have the corresponding teacher qualification certificate; most of the students in the tutoring institutions are introduced by their parents,.After the introduction of the double reduction policy, after-school training institutions have closed down, among which four parents still choose to hire tutors for one-toone after-school tutoring, and six parents choose online education tutoring for their children.

# 7. Current Status and Development Trend of After-school Tutoring Institutions

Before this, after-school tutoring institutions have everything, "after-school tutoring fever" has become a big topic in the country.Informal after-school tutoring classes fish in troubled waters, the threshold of tutors is very low and has strong mobility, and the high income of some institutions increases the economic burden of families, with strong social reaction.Students are highly dependent on after-school tutoring education, which also has a small impact on the mainstream education to some extent.Under the new situation, non-compliant training institutions have been banned by the state, and large tutoring institutions, mainly cultural courses have also been transformed.

Since the promulgation of the "double reduction" policy, with the increasing supervision of the after-school education industry, the whole education industry is experiencing a "cold winter period". However, it should be made clear that the purpose of the "double reduction" policy is not to suppress the education industry, but to regulate and promote the sustainable and healthy development of the industry. The combination of online and offline education is the development trend of global education in the future.

# 8. Improvement Measures for After-school Tutoring Institutions

After the rectification, the after-school tutoring institutions should respond to the national call to gradually normalize.Earlier, The General Office of the State Council issued the Opinions on Standardizing the Development of Off-campus Training Institutions, which has provided effective explanations and regulations on the training of teachers, training places, training time and fees3. The regulations set a certain threshold for after-school tutoring institutions, mainly emphasizing the development of quality-oriented education, focusing on the cultivation of students' ability, and to a certain extent also poses a big problem for formal private education institutions.In this foundation after class tutoring institutions should seize the opportunity to standardize the private education, its tutor team fixed to regular enterprises, become the finishing touch of mainstream education, and the mainstream education, with the shadow education of western countries as a reference.In addition to tutoring institutions, countries should also deal with the relationship between mainstream education and shadow education.

Looking at the development situation at home and abroad, some countries support some objections, and how to effectively integrate educational resources inside and outside the school is also a problem that the state should focus on solving.

## 9. Conclusion

Today, the "burden reduction" policy is still in a state of continuous reform, After-school tutoring institutions should exist as a supplement and continuation of in-school education. However, due to the joint role of teachers, parents, students and even relevant government departments, after-school tutoring institutions have also become the main source of "burden" for many primary school students. As an important part of private teaching resources, there are still many problems that have not been solved, and the conflict between in-school education and off-school education has not been alleviated, which affects the implementation of the burden reduction policy and increases the "burden" between students and parents. It can be seen that how to give correct guidance to the development of after-school tutoring institutions has become a problem that the government must solve and solve urgently at present.

Good class, good homework, good after-school service, good research and evaluation, solid education and teaching management, is a positive action to implement the "double reduction" 4. "Double reduction" is the CPC Central Committee and the State Council from the strategic height of the party education, overcome utilitarian, short-sighted education behavior, for the implementation of fundamental task, develop quality education, ensure the healthy growth of each child made major decisions, education should be filled with the cause of wisdom, happiness and beauty.Firm educational belief, lofty educational feelings and the correct direction of education are the foundation for our good education, but also the foothold of the "double reduction" work5. Good education is a work full of wisdom and art, is the core of the comprehensive development of literacy practice, so the government, schools, tutoring agencies to actively implement the double reduction policy, efforts to eliminate the disadvantages of exam-oriented education.

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