

Research on the Influence of the Basic Principles of Marxism on Wushu Teaching in Colleges and Universities

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Abstract

With the development of the times, the ideological and political education in Chinese colleges and universities has been implemented by the Sinicization of Marxism. The Party attaches great importance to the basic principles of Marxism. General Secretary Xi sent a very strong signal in order to improve the ideological and political education in Colleges and universities by holding a National Symposium on Ideological and political theory courses in Colleges and universities. We should grasp the impact of the basic principles of Marxism on Traditional Wushu Teaching from an open and developing perspective, because the Sinicization of Marxism is the choice of the people and the choice of the times. In this way, we can show the cultural charm of Chinese Traditional Wushu, improve the cultural literacy of Chinese Traditional Wushu, improve the cultural confidence of Chinese Traditional Wushu, and help realize the Chinese dream of the great rejuvenation of the Chinese nation. Using the methods of logical analysis and literature, starting from the world outlook and taking practice as the starting point, this paper interprets the essential characteristics and value needs of Wushu Teaching by using the logical thinking of the basic principles of Marxism, and summarizes several starting points for the implementation of the basic principles of Marxism in Chinese Traditional Wushu teaching.

Keywords

Basic principles of Marxism; Colleges and universities; Traditional Wushu Teaching.

1. Research Background

1.1. The Inevitability of Traditional Wushu Teaching Through Marxist Principles

It is an important responsibility for all teachers to establish morality and educate talents for the party. In mid and late March 2019, General Secretary Xi emphasized the necessity of Ideological and political education by holding a National Symposium on Ideological and political theory in Colleges and universities. The conference stressed that it is not only political teachers who spread Marxist thought and carry out ideological and political education for students, but also the responsibility and task of all teachers. Only in this way can we form a unified ideological and political education, cultivate reserve talents for the country, cultivate reserve talents for the party, cultivate perfect socialist successors, and realize the great rejuvenation of the Chinese nation.

As early as 1993, the theoretical basis of Wushu published by Beijing University of Physical Education Press proposed that the education of world outlook can be carried out through a variety of ways. There are many effective ways, including combining their own majors, so that the education of Wushu Major and dialectical materialist world outlook can be combined, so as to be more in-depth and specific, which is more conducive to the formation, consolidation and development of scientific world outlook [1].

The teaching of Chinese Traditional Wushu in Colleges and universities, which runs through the basic principles of Marxism, can effectively transfer students' interest in learning. College students have a strong interest in learning traditional Wushu. If they combine the basic principles of Marxism in the process of Wushu teaching, they will transfer their strong interest in learning to the emergence of world outlook, values and methodology. Marxist philosophy is a scientific world outlook, values and methodology. It can guide and solve the problems and difficulties encountered in the learning and research of students' professional courses. In the classroom of martial arts teaching in Colleges and universities, spreading the basic principles of Marxism in the process of training can not only teach students martial arts skills, but also establish students' Marxist belief, but also help to improve students' ability to analyze, solve and deal with problems with the basic principles of Marxism [2].

1.2. Summary of the Implementation of the Basic Principles of Marxism in Traditional Wushu

After searching the literature on the China knowledge network, this paper summarizes the following three views: first, Yu Panpan and others [3] on the development of Chinese Wushu from the perspective of Sinicization of Marxism, which is the important significance of carrying out and studying the national spirit of traditional Wushu in terms of spirit for the scientific outlook on development; The second is Pei Xinxin's [4] "value analysis, development logic and direction of Ideological and political construction of Wushu teaching courses from the perspective of system view", which is to reform Wushu teaching courses through the integration of "1 + n" Ideological and political teaching, and deepen students' cognition and application of Marxist theory, Chinese excellent traditional culture and excellent quality, as well as other spiritual, ideological and political contents. The third is Xie qunxi's [5] "Research on the development history of Chinese Traditional Wushu under dialectical materialism". The historical process and cultural evolution of Chinese Traditional Wushu are viewed with dialectical materialism. These three documents are based on the basic principles of Marxism, deeply implement the development path of Chinese Traditional Wushu, and explore the historical evolution of Chinese Traditional Wushu, which has a great impact on the key points and difficulties of traditional Wushu Teaching in Colleges and universities.

To sum up, it is very necessary to implement the basic principles of Marxism in the teaching of Chinese Traditional Wushu in Colleges and universities. It is not only the choice of the times, but also can effectively transfer college students' interest in traditional Wushu and cultivate socialist successors with all-round development for the party and the country.

2. The Necessity of Implementing the Basic Principles of Marxism in Traditional Wushu Teaching in Colleges and Universities

College students have stronger speculative ability, and the basic principles of Marxism that are not easy for middle school students to understand has become a compulsory course for undergraduates. The entry of basic Marxist views in martial arts classroom can promote each other with ideological and political courses, forming a positive transfer effect [6]. The golden period for college students to establish a correct outlook on life, world outlook and values is in the University. Therefore, it is necessary to input some basic Marxist principles into college students in the process of Wushu Teaching in each class. By combining the socialist core values with college students' Outlook on life, world outlook and values, college students' thinking is more active and energetic, Think positively about the problems encountered, dare to challenge the difficulties encountered, and have a strong interest in learning and a strong learning atmosphere in the martial arts learning classroom. For the learning skills and training methods of traditional martial arts, the basic principles of Marxism can well help college students solve the problems.

3. The Feasibility of Taking the Path of Sinicization of Marxism in Traditional Wushu Teaching in Colleges and Universities

The development path of Sinicization of Marxism provides a very good inspiration for the development of Chinese Traditional Wushu. Learning from the development path of Sinicization of Marxism can make Chinese Wushu develop rapidly. If you want to take the road of the world martial arts in China, that is, to combine the world martial arts with the actual situation of Chinese traditional martial arts, you need to learn from and absorb the essence of the world martial arts to achieve the rapid development of Chinese martial arts [7]. In recent years, martial arts from other countries have been introduced into China, which makes the development of local traditional martial arts very difficult. Many colleges and universities have introduced foreign martial arts, such as Taekwondo in South Korea and judo in Japan. With its simplicity and quick effect, it has caused a learning upsurge for a wide range of college students and brought a great impact on the development of traditional martial arts in China. We should absorb the advantages of Wushu from other countries, learn from its advantages, follow the ideological line of the Sinicization of foreign Wushu, implement the basic principles of Marxism, and promote the sustainable development of Chinese Traditional Wushu.

In short, great men of all ages have opened up the path of Chinese revolution, practiced the development concept of Marxist thought, and the movement of Marxist thought has solved the problem of the development of socialism with Chinese characteristics and promoted the development process of Sinicization of Marxism. We should better implement the basic principles of Marxism and continue to inherit the innovative spirit of Marxism brought to us by great men of all ages, It will run through Wushu teaching and continue to move forward on the road of the new journey of Marxism.

4. Exploration and Practice of Implementing the Basic Principles of Marxism in Wushu Teaching in Colleges and Universities

In the new form of educational reform in the new era, the curriculum thought and politics that implements the basic principles of Marxism has become a hot topic in the educational reform of colleges and universities. In the outline of Ideological and political construction in Colleges and universities, it is mentioned that colleges and universities should comprehensively strengthen the construction of curriculum ideological and political system. To comprehensively promote the ideological and political construction of college curriculum, we should clarify the development direction of socialism and implement the fundamental task of Building Morality and cultivating people. This can not only solve the separation of professional education and ideological and political education in Colleges and universities at the present stage, effectively generate the synergistic effect of education, but also give full play to the educational value with the characteristics of various disciplines [8]. As a basic general course in Colleges and universities, Wushu course is a course for college students to understand traditional Wushu culture, national spirit and feelings of family and country. Therefore, in the process of course teaching, we combine Wushu spiritual culture with the basic principles of Marxism, so that college students can master the essence of traditional Wushu, cultivate college students' indomitable spirit of collectivism and patriotism, and carry forward the spiritual culture of Chinese Traditional Wushu, And practice the core socialist values.

4.1. The History of Wushu Development Is A Direct Example of the Implementation of Historical Materialism

The vigorous development of productive forces affects the progress and development of Wushu. The mode of production includes two aspects: production relations and productivity. The mode of production constitutes the decisive force for the existence, progress and development of

human society, and embodies the materiality of human society [9]. The development of productive forces not only determines the people's way of life, but also determines the material, shape and value of Chinese Traditional Wushu weapons, so as to determine the use value, function and usage of Wushu instruments. And the way of people's life determined by it is also embodied in the different living conditions of people, which has evolved the transmission of technical performances and inheritance methods such as learning from teachers and skills.

In the process of traditional Wushu Teaching in Colleges and universities, the first thing to learn is the development history and evolution of Chinese Traditional Wushu. By studying the relationship between social productivity and the development of Wushu, such as the material and shape of Wushu equipment it is determined by the vigorous development of productive forces. The diversified forms derived from traditional Wushu are determined by the development of productive forces and social progress. The sects and forms of Wushu are determined by the state of social life. Therefore, integrating the vigorous development of productive forces and its changes to the development of social life with the teaching of traditional Wushu will make college students have a more in-depth firm belief in historical materialism and have a more intuitive understanding of the development history of Chinese Traditional Wushu.

4.2. The Classification and Regional Distribution of Wushu Is An Empirical Evidence of the World's Material Unity

The world is diverse and the unity of matter. Nature, society and people are unified on the basis of the objective law of matter [10]. Five thousand years ago, China has a vast land and diversified nature and climate. Since ancient times, people in various regions have different lifestyles, with the same attributes of the times and very different regional properties. Traditional Wushu belongs to the treasure of the Chinese nation. It is naturally distributed widely. It also produces many kinds of boxing according to the characteristics of various regions and different production modes, but ultimately depends on the natural environment and material conditions. Because of the flat and open terrain and the relatively cold climate in the north, the northerners are strong and heroic, careless and very bright. The boxing evolved is also open and close, generous and powerful, with a lot of flying movements. The South has a variety of terrain, and steep cliffs and cliffs are also common, which has created the character characteristics of southern people with relatively delicate mind. Therefore, in the study of traditional martial arts, we also pay attention to variety. The created martial arts need a very small range of activities, which can be displayed in a narrow space. The fist technique is fast, soft, steady and heavy.

People's character is closely related to the people's different regional environment and the material conditions of social productivity, so the boxing created is also full of regional color, and the spiritual culture has a strong regional characteristics, which fully reflects the material unity of the world.

4.3. The Skill Theories of Different Martial Arts Reflect the Law of Unity of Opposites in the World

The law of unity of opposites, that is, the law of contradiction of things, is the most fundamental law of materialist dialectics. Lenin once called this law the essence of dialectics and the core of dialectics [11]. First of all, traditional martial arts is to solve contradictions and protect their own methods. They defeat the enemy according to the seemingly opposite but unified playing methods such as advance and retreat, up and down, virtual and real, left and right. In particular, Taijiquan and baguazhang, one of the boxing types, embody the law of opposing thought and unity of opposites.

Secondly, the regional distribution of traditional Wushu also reflects this law. There are 129 types in China, of which the difference is very obvious. The long boxing in the north is generous and heroic; Yongchun in the south is good at vigorous, fast and soft. These kinds of boxing seem to be opposite, but in fact they are unified. All the sects they created pay attention to developing strengths and avoiding weaknesses, loyalty, courage and filial piety, and stopping violence and uniting the world. Therefore, when teaching traditional Wushu in Colleges and universities, by learning different kinds of boxing, college students can realize the charm of Wushu and the law of unity of opposites of Marxist thought, which is of great significance to the ideological and political education of college students.

4.4. In Traditional Wushu Teaching, We Should Pay Attention to the Harmonious Unity Between Man and Nature

In traditional Chinese philosophy, "heaven" mainly refers to God, destiny, reason and nature. Taoism stresses the "unity of heaven and man". Here, "heaven" mainly refers to nature, "man follows the earth, earth follows the heaven, heaven follows the Tao, and Tao follows the nature". Chinese people have an extremely respected pursuit of the operation law of all things in the world [12]. In the training of traditional Wushu teaching, we attach great importance to the harmony and unity between man and nature in the training venue, Wushu equipment and climate environment. The training ground should be flat, safe and comfortable; Wushu equipment should be portable and easy to use; The climate and environment are exquisite, suitable and well ventilated.

The highest level pursued in traditional Wushu training is the unity of heaven and man. Therefore, it is a very important condition to pursue the harmonious unity between man and nature in training. The purpose of cultivating Wushu is not to defeat opponents, but to pursue internal and noble character. Green mountains and green waters are the basis for the survival of all creatures, and the form of animals is also an important source for people to learn, such as Xingyiquan, Wuqinxi, etc. Therefore, if we want to pay attention to the harmonious unity between man and nature, we should protect our ecological environment.

5. Conclusions and Suggestions

Traditional Wushu Teaching in Colleges and universities should treat things and analyze problems from a dialectical point of view, strengthen the understanding of the basic principles of Marxism and the world outlook and methodology, guide college students to master the basic principles of Marxism through Wushu learning, establish a world outlook, outlook on life and values, remember their mission, and learn to treat things and analyze and solve problems from a dialectical point of view. Through the implementation of the basic principles of Marxism, Wushu Teaching in Colleges and universities can effectively transfer students' interest in learning, and is of great significance to college students' Ideological and political education.

At the same time, when teaching Wushu in Colleges and universities, teachers should have firm faith. If they want to guide students to accept the impact of Wushu spiritual culture, they must first strengthen their ideals and beliefs. Secondly, the teaching contents and training methods of Wushu are also novel and interesting, positive, constantly improving ways and methods, enriching content and depth. Third, we should use the basic principles of Marxism to constantly criticize the dross and inherit the essence. Finally, the combination of the basic principles of Marxism and traditional Wushu teaching can enrich the connotation of Chinese Wushu. While college students accept and learn Wushu, they can deeply understand the charm of Wushu, carry forward Wushu culture, strengthen Marxist beliefs, establish a correct outlook on life, world outlook and values, enhance the brand confidence of Chinese Wushu, and help realize the Chinese dream of the great rejuvenation of Chinese private capital.

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