# Music Education and the Growth of Students 

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#### Abstract

Music education is not only an important content and means of quality education, but also a supplement and improvement to quality education. As we all know, music education has the characteristics of wide range of knowledge and strong comprehensiveness. It is easiest to penetrate into intellectual education, moral education and sports, and has the function of promoting the development of moral education, intellectual education and sports. It can stimulate students' creative inspiration and improve their aesthetic ability. It is closely related to various horizontal disciplines. Through music education, students can obtain more knowledge of horizontal disciplines. In this sense, it is of great significance to the growth of students. Taking junior middle school music as the research object, this paper discusses the music education methods of junior middle school students and the significance of students' growth.


## Keywords

## Music; Education; Growth; Function; Students.

## 1. Introduction

It is said by a philosopher in the west: "there are three keys for human beings to grasp and understand objectivity: one is literature, the other is numbers, and the third is notes." Thus, music education plays an unusually important role in personal growth. From many years of teaching experience, the author also feels that music education plays an important role in the growth of students.

## 2. Benefits of Music Education to Junior Middle School Students

### 2.1. Music Education Plays An Important Role in Cultivating Students' Creativity

As we all know, one of the great values of music is that it can inspire people's wisdom and cultivate people's imagination and creativity. Generally speaking, creativity is one of the most significant differences between human and animals. The level of human quality is also directly proportional to the size of human creativity, and imagination is the basis of creativity. Without rich imagination, there can be no great creativity. The famous physicist Einstein once said, "imagination is more important than knowledge." Because knowledge is limited, and imagination summarizes everything in the world, promotes progress, and is the source of knowledge evolution. Music education can strengthen the connection between various brain nerves required by spatial reasoning ability, and establish nerve bridge; Music has special memory requirements[1]. It needs to integrate image memory, emotional memory, motor memory and logical memory. It is of great significance to the comprehensive training of memory. Einstein said, "many of my achievements in science are inspired by music." Many great scientists, writers and politicians in the world love music, and some are musicians themselves. Many of their achievements are closely related to music. In this sense, the imaginative creative function of music has left an intangible asset and wealth for the society.

### 2.2. Music Education Can Cultivate Students' Aesthetic Ability

Music as an aesthetic performing art, its means of expression, the image of creation and the emotion of expression are highly contemporary and contain profound national aesthetic experience. A good song (Music) has unique beauty in creativity, melody, phonology and situation. It is often closer to students' life, making them listen cordially and sing heartily. In music or contain a good wish; Or repose a wonderful dream, or express a warm thought; Or show a passionate feeling. The content of music can not be compared with the ideological and moral influence of other disciplines. Therefore, Hegel pointed out in his aesthetics that music is a moving and unstable sound form, which is invisible, abstract and completely subjective. Music art is different from other arts in that the relationship between the sound form of music and the form of people's inner life is the closest, and there is a "corresponding" relationship between them. Melodious melody, beautiful lyrics, sincere emotion and superb performance skills can delight people's emotion and resonate. Elegant music also has the appeal of inspiring people and inspiring spirit[2].

### 2.3. Music Education Can Improve Students' Ideological and Moral Quality

The Confucianists in the pre Qin Dynasty believed that paying attention to "music education" can make the whole society "change customs" and "be kind to the hearts of the people", which has the function of "Enlightenment". It can be seen that the role of music education in Ideological and moral quality is self-evident. Through the study of the brief history of music development, music teaching can enable students to understand the role of music masterpieces in various historical periods at that time, such as Xiao Youmei and Liu Tianhua in the "May 4th" era and the great contributions made by the works of people's musicians Xian Xinghai and Nie Er to the history and culture in the period of democratic revolution and the war of liberation, and carry out ideological education for students through these works, It can make students have an understanding of history and culture from another angle. The moral education function of music teaching is obvious. If no emotion is the basis of any ideological education, it will be difficult to achieve the expected purpose only by empty preaching or blunt indoctrination. Music is to achieve a more infectious and interesting educational effect in the subtle influence with the help of organized sound movement.

### 2.4. Music Education Is A Bridge Connecting Various Disciplines and Paving the Way for Students' All-Round Development

Music is also directly connected with many disciplines, such as physics and mathematics. The most obvious is literature. Music and literature are twin sisters. Isn't song the combination of poetry and music? In the knowledge structure of many great figures in human history, music is often an important pillar. Music class is not isolated. Music is art. It is interlinked with other disciplines. If we clarify the complementary relationship between music and other cultural courses, we will pay attention to music education and regard it as an indispensable subject in all subjects of the school. Confucius advocated governing the country with rites and music, and he was inseparable from rites and music. Ji Kang, a writer in the Three Kingdoms period, wrote the famous musical work "on sound without sorrow and music". His piano skill is also very excellent. He is a famous musician in history; French writer Roman Roland is a professor of art history and music history; Physicist Einstein once said: "many of my scientific achievements are inspired by music"[3]; All these show that music is closely connected with other disciplines and provides a bridge for the all-round development of students.
There are so many functions of music, which also brings huge development space to music education. As a teacher, we must educate students with the help of music as an aesthetic medium. With the help of music education, it has the characteristics of wide range of knowledge and strong comprehensiveness, infiltrates into intellectual education, moral education and
physical education, and promotes the development of moral education, intellectual education and physical education. Through music education, it is closely connected with various horizontal disciplines, so that students can obtain more knowledge of horizontal disciplines. In this sense, music education contributes to the overall growth of students.

## 3. Discussion on the Way of Music Education in Junior Middle School

With the deepening and promotion of quality education in junior middle school, music classroom in junior middle school has attracted more and more attention. Under the guidance of the concept of the new curriculum standard, from the traditional theoretical and exam oriented to humanistic, scientific and artistic teaching has become the mainstream trend and direction of the current junior middle school music classroom. How to combine students' preferences and classroom reality, formulate corresponding teaching methods and classroom strategies, so as to effectively build an efficient junior middle school music classroom, carry out and improve students' music literacy, is a subject worthy of thinking and exploration by junior middle school music educators.

### 3.1. Smart Use of Information Technology

The rapid development of efficient classroom information technology and the wide popularization of network media have greatly expanded the space in the field of teaching, and also made it possible to enrich the teaching methods of junior middle school music classroom. Skillfully using information technology and multimedia network can create a good music learning environment for students, stimulate students' interest in learning music and improve classroom teaching efficiency.

### 3.2. Pay ing Attention to Emotional Teaching

To improve the ability of appreciation, the task of junior middle school music classroom should not only teach students the hard basic knowledge of music, but also improve students' music appreciation level and artistic cultivation through emotional teaching. In the process of music emotion teaching in junior middle school, teachers should combine students' psychology and teaching practice, select appropriate teaching methods, and achieve good teaching results. On the basis of fully grasping the tone and emotion of the song, teachers should integrate emotion into teaching, so that students can appreciate and understand the thoughts and feelings of the song. Teachers can infiltrate emotional teaching in many ways: they can show students the creative background of songs, let students deepen their understanding of the songs themselves, and narrow the distance between them and music; The pure music of these songs can be played in the process of teaching, so that students can learn the singing of songs in the background music and better integrate into the situation of songs[4]; We can also actively interact and discuss with students, let students talk about their hometown or impression of their hometown, so as to be close to students' reality, have emotional connection with students, and let students have emotional resonance. The application of emotional teaching in junior middle school music classroom can effectively stimulate students' emotion towards songs and improve their emotional perception ability. This can not only make students pay more attention to the study and perception of music itself, but also help to improve students' music appreciation ability and aesthetic consciousness, so as to effectively cultivate comprehensive music ability and artistic literacy.

### 3.3. Comparative Teaching

Cultivating music ability in junior middle school music classroom teaching, teachers should not isolate song teaching, but should fully establish the connection between songs of different countries, factions, themes or styles, adopt the method of comparative teaching, let students
perceive the differences and common charm of different music, and cultivate students' higherlevel music level. The teacher allows the students to compare and understand the differences and connections between the lyrics and music creation, music melody, theme color, performance skills and overall style of the songs of the two units, so as to enable the students to master the ability of comparative appreciation and understand the charm of different styles of music; By comparing the contents of the songs, students can listen to European and American music and Chinese music in the same class, feel the differences between Chinese and foreign music, and find the resonance between different cultures, so as to understand the charm between Chinese and foreign cultures, In short, the dimension of comparative teaching is rich and colorful. Through the comparison and connection between different music, we can prevent classroom teaching from falling into a monotonous and isolated situation, effectively improve students' music appreciation ability and artistic aesthetic level, and achieve good classroom effect.

### 3.4. Carring Out Classroom Activities to Stimulate Students' Interest

In the previous junior middle school music teaching, many teachers stayed in the teaching of textbook knowledge and the training of song skills[5]. The classroom form is single and the teaching means are old, which is difficult to mobilize students' enthusiasm to learn music. Therefore, teachers can carry out rich and colorful classroom activities to effectively stimulate students' interest in learning in junior middle school music classroom. At the end of the unit, It can be held in combination with the "Philharmonic post station" activity at the end of the unit "I'm a littlei artist" class competition allows students to perform in different singing methods according to their quyi knowledge. Students can choose any music form they are interested in, such as Northern Shaanxi storytelling, or brand music. The development of classroom activities can fully arouse students' interest in learning classroom music knowledge and encourage students to expand independently Develop extracurricular knowledge and improve the effect of classroom teaching.

## 4. Conclusion

In a word, the educational methods used in junior middle school music classroom are diverse, and the teaching effects are also different. In order to effectively build an efficient junior middle school music classroom and improve students' music literacy, teachers must learn to observe and summarize the current teaching situation of music classroom, summarize teaching experience, and explore music teaching methods suitable for students' learning and development in combination with students' reality, so as to effectively improve the effect of music teaching. With the advancement of the new curriculum reform and the proposal of the concept of core literacy, cultivating students' comprehensive literacy has gradually become an important task of current teaching. As an important course in junior middle school, junior middle school music not only has a direct impact on students' music literacy, but also plays a vital role in improving students' aesthetic ability and comprehensive quality. In junior middle school music classroom, the teaching means and educational methods used by teachers are rich and diverse, which greatly promotes the healthy growth of junior middle school students.

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