

# Based on the Ministry of Education Called on College Students to Increase Their Academic Pressure on College Students

## -- Take Tangshan as an Example

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### Abstract

The Ministry of Education issued a document requiring the "increase of college students' burden", reversing the phenomenon of "strict entrance and wide exit", abolishing the "clear examination" system, bringing the problem of "increase of college students' burden" to the public. This research report takes Tangshan city as the research place and investigates various universities in Tangshan, such as North China University of Science and Technology, Tangshan Normal University and Tangshan University. It adopts the research methods of questionnaire survey, literature survey, field research and data analysis to investigate the academic pressure of college students in different stages.

### Keywords

College Students "Increasing Burden"; Tangshan.

## 1. Ask Questions

Not long ago, the Ministry of Education issued a document, requiring students to improve the difficulty of learning tasks, improve the quality of undergraduate education in China, bringing the problem of "increasing the burden" on college students to the public. Among them, reversing the phenomenon of "recruiting high-quality students and producing low-quality talents", especially canceling the "clear examination" system, in order to "add burden" to college students has been widely concerned by all sectors of society. At the same time, it also leads to an extremely critical question: whether college students should "increase the burden"? The Ministry of Education recently issued documents to face to the problem of the education of college students of institutions of higher learning, to college students' burden, in theory it is a good measure, cancel the qing examination system, seriously deal with graduation thesis plagiarism problem, improve the course arrangement, etc., can make college students have a sense of crisis, more seriously, to treat the problems on learning. But there have always been concerns about the need to proceed in a gradual way, to avoid adding to the already heavy academic load of students in certain majors, such as medical students, and to avoid the risk of backfiring by raising the bar when there has been no reasonable improvement in the curriculum. Therefore, the topic of this survey is based on the investigation of contemporary college students' academic pressure, based on the requirement of the Ministry of Education for college students to "increase their burden", whether college students should "increase their burden".

## 2. Research Background

The current college entrance examination system, in which a single exam determines a person's entire life, not only increases the anxiety and burden of school work for elementary and middle

school students, but also conveys the negative perception that students will feel relieved once they enter college and do not need to continue studying.

For some time, under the management system of some colleges and universities, high quality students come to school and low quality students come out of school, some college students squander their youth and do not take their studies seriously. It has become an "iron law" that "if you go to college, you will be sure to graduate".

Some college students for graduation thesis lack of attention, hastily finished, even plagiarism, generation writing and other situations exist, and this phenomenon has become more and more common. Such a careless attitude is not only not responsible for their own studies, but also extremely unfair to the fruits of others' hard work. Therefore, it is of certain importance to strengthen graduation management and strictly implement the system of re-examination and sampling inspection.

Many contemporary college students have been taught "read the university is easy" wrong ideas, causes some college students lost in after entering the university academic diligent work attitude, but become lazy lax, for lack of attention, and relax too much always sat in class the last row, be late, leave early, or even fall asleep in class, play games, This practice is actually irresponsible to their own life. If college students do not make changes, they will only end up with poor professional knowledge and bad habits, wasting time and losing themselves. In the long run, it will also lead to the deterioration of the school learning style, the quality of teaching stagnation or even a sharp decline, thus entering a vicious cycle. It's a loss for society as a whole.

But some universities are already implementing the policy of "recruiting high-quality students and producing high-quality talents". For example, 40 students at Hebei Institute of Physical Education were expelled from the school because of excessive absenteeism.

In fact, it is a common practice for many universities around the world to produce high-quality graduates. For example, the elimination rate of undergraduate students in ivy League and other famous foreign universities even exceeds 20%. However, the education strategies of these famous foreign universities are quite different from those of China. We cannot blindly increase the academic pressure on college students. Therefore, it is urgent to investigate the academic situation of college students and discuss whether to increase the academic pressure on college students.

### 3. Research Significance

Under the new regulations, to improve the course difficulty of college students, fully exercise the ability of college students to become popular, but in the center of the vortex, the most profound understanding of their own students have what kind of ideas and thinking is also a problem that can not be ignored. This research aims to investigate college students in various ways to fully understand their thoughts and opinions on "negative".

Firstly, this study can better understand the real thoughts and inner feelings of contemporary college students towards their studies. Secondly, to be more in-depth and accurate on the education of college students to carry out good and effective rectification, to have a definite target. For example, "increasing the burden" on college students should not only be limited to increasing the pressure and burden of college students' study, but should be more humane consideration and reasonable system. Finally, this research can provide a range for the "negative" to be considered, so that college students can better improve themselves under appropriate adjustment, become the outstanding pillars of China, contribute to the development and progress of China.

## 4. Survey Plan and Scheme

### 4.1. Selection and Description of Survey Site

Taking Tangshan city as the research place, we conducted research on north China University of Science and Technology, Tangshan Normal University, Tangshan College and other universities in Tangshan city. Tangshan has many colleges and universities, and North China University of Science and Technology is a comprehensive university with complete majors and a large number of representative students. Therefore, Tangshan can be used as the research site to achieve ideal results.

### 4.2. Investigation and Research Methods and Their Description

#### 4.2.1. Questionnaire Survey Method

survey subjects are asked to fill in questionnaires to understand their views on current college students' academic pressure, evaluate the academic pressure of their major, and collect the questionnaires in time for subsequent data analysis.

#### 4.2.2. Literature Survey Method

Use the resource network of the university library to search relevant literatures about the academic pressure of current college students on cnKI, VIP journal database and other platforms, so as to understand the domestic and even global views and attitudes towards the academic pressure of contemporary college students.

#### 4.2.3. Field Research Method

(1) This survey will selectively interview some college students, in order to analyze the sources and causes of college students' academic pressure.

(2) Conduct interviews and exchanges with college supervisors, scholars and teachers, analyze and evaluate the academic status of current college students, and obtain more professional and comprehensive views from various perspectives.

#### 4.2.4. Data Analysis

Take the information collected from the questionnaire as reference. Qualitative and quantitative analysis of the relevant data, using SPSS, Excel and other data analysis software to evaluate the academic status of contemporary college students and theoretical analysis, draw relevant conclusions and methods.

### 4.3. Research Advantages and Description

1. The advisor has led teams to participate in various research activities for many times, has rich research experience, is good at guiding college students to carry out social and campus research, innovation and entrepreneurship activities, and has provided valuable reference opinions in research activities.

2. The team members are all from the computer related majors, with solid basic professional knowledge, able to skillfully operate some computer related software, which greatly improves the efficiency of research.

3. Team members are practical, hardworking, serious and responsible. They are meticulous in questionnaire distribution and data analysis, and have a tacit cooperation with the instructor and strong communication skills. Facilitate cooperation with various colleges and universities.

4. The academic status of college students is a hot topic nowadays, and college students are the key force to realize China's prosperity and power. Through this research, we can thoroughly understand the academic status of college students and improve their academic level, which has constructive research significance.

5. Strong pertinency, and the location is located in Tangshan, the most economically developed city in Hebei province, with convenient transportation and proximity between universities, facilitating field investigation.

6. The team members are all the backbone members of various associations, students' union and classes. They have participated in many social practice activities before and have sufficient experience and ability, so they are sure to achieve the best results in this research activity.

## **5. Stage and Schedule of Research Activities**

### **5.1. Preliminary Preparations**

1. Refer to the literature and clarify the survey object, survey method, survey content, data analysis and processing method, etc.
2. Design the overall plan of the survey and formulate the specific steps and implementation plan of the survey.
3. Design and print the questionnaire.
4. Assign tasks to team members

### **5.2. Field Research**

1. Conducted field surveys in North China University of Science and Technology, Tangshan Normal University, Tangshan University and other universities, distributed questionnaires, collected and sorted out the questionnaires on the spot, screened the data for statistics, and determined the sampling survey targets.
2. Conduct in-depth interviews with randomly selected students in colleges and universities, and communicate with them whether they feel great academic pressure and the main sources of academic pressure (academic performance, competition, postgraduate guarantee, goal of going abroad, etc.), and give small rewards after the conversation.
3. Interview and exchange with college teachers, evaluate and analyze the current academic status of college students, and obtain more professional and comprehensive views from various perspectives.

### **5.3. Complete the Research Report**

1. Collect the questionnaire, classify and summarize the obtained questionnaire materials.
2. Sort out and classify interviews with students and teachers, find problems, discuss and analyze them.
3. Dialectical analysis of the research results, based on the data to draw a conclusion
4. The research team went deep into reality, through the analysis of the data, accurately reflect the objective facts, not by subjective imagination, detailed study of the material. On this basis, careful analysis, thoroughly reveal the essence of things.
5. Collect reasonable suggestions and opinions and write research reports.
6. Communicate with classmates about the survey and collect their opinions on the survey results to enrich the survey results.
7. Advertise the conclusion of the survey online to make it truly meaningful

### **5.4. Final Closure Work**

1. Sort out relevant materials in the research process.
2. Communicate within the research team, summarize the experience and lessons in the research process, and reflect on shortcomings.
3. Deepen the research conclusions, modify the research report under the guidance of teachers, publicize the research conclusions, and make the research more meaningful.

4. Team members analyze the written report, check the font and format of the report, and finalize the typesetting.
5. Sorting out and submitting research materials and reports

## References

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