

Discussion on the Life Education Strategies of Small Class Children under the Epidemic Environment

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Abstract

In 2020, the outbreak of the COVID-19 has disrupted many families' pace and has a huge impact on people's lives, health, and lives, at present, under the background of the epidemic, taking children to review this unusual experience together, and turning it into valuable educational activities is what kindergartens need to do now, moreover, it is also a new opportunity given by this epidemic for preschool education. Therefore, life education should become the compulsory activity of preschool education, so this paper mainly explores life education strategies of small class in kindergartens under the epidemic environment.

Keywords

Small class; Epidemic; Life education.

1. Introduction

What life is for children? In the face of dying, countless medical staff are in harm's way under the background of the epidemic, people consciously quarantine themselves, various industries guarantee the supply of materials in the affected area, they are all earnestly fulfilling their obligations, in life education activities, everyone involved in them has experienced a very important test. Exploring and studying the coexistence relationship between man and nature is a key part of preschool education. Combining the virus that caused the epidemic, thus stimulating the curiosity of children in small class to explore science and nature, and educate them on life, so that children can learn to protect nature and cherish life, this is the theme of life education in small class in kindergartens.

2. The Connotation and Significance of Life Education

The connotation of life education mainly is to attach importance to human life and the value of life, the connotation also includes loving life, understanding life, revering life, and respecting life, so help small class children understand the significance of their own life, thereby respecting the lives of others, and being able to cherish common social environment of society. The connotation of life education for children in small class is that children aged 3-4 as the education objects, exploring the essence of life and survival, so that children can respect and understand life, realize self-worth, then cultivate grateful heart, can face self-challenge bravely, and can take care of themselves and others. Children life education not only needs to regard children as the main body of life, but also needs to meet the needs of children's growth and awaken the impetus of children's self-growth. Children's psychological and physical growth is unbalanced, different, sequential, and staged, with the help of the implementation of activities related to children's life education, combining with the children's cognitive development stage and emotional acceptance level, small class teachers should explain to the small class children the process of a person from birth to growth, so that children can gradually build up their own life awareness, children can experience the value of life. Under this premise, small class teachers need to

combine the connections among people, society, and nature in the real world to help children grow up.

Small class is the beginning of a person's lifelong education, it is also the basis of personal basic education, life education for children can help small class children shape early experiences, and can help children build the reasonable outlook on life, thereby enriching children's life experience, improving self-emotional growth, helping children build excellent moral qualities and stable self-characteristics, and helping children's physical and psychological development. Under the background of the epidemic, children will also have a certain desire for knowledge and want to know more about it. Under the premise of facing children's curiosity, small class teachers and children's parents need to follow the trend to develop knowledge of small class children's life education, and then promote the cognition of small class children's life education. Therefore, life education activities for children in small class cannot be ignored, it is necessary to pay attention to children's life education as early as possible, and promote the development of children's life education.

3. The Strategies of Developing Life Education Courses in Small Class Under the Background of the Epidemic

3.1. Understand the COVID-19 and Developing Education on the Outlook on Life and Death

Under the background of the COVID-19 epidemic, people's lives are not always the same, children in small class will also be curious about this and need to understand the causal relation and the COVID-19. Therefore, first, developing life education for children in small class is to understand the COVID-19. The activity contents of life education in small class need to be explored in the process of children's experience share, in order to understand the cognitive state of children's virus knowledge and attract their interest, and then build the connection and interaction of knowledge points. With the help of related language, related art and other construction activity generation and extension, children can co-create children's songs and sitcoms to prevent viruses, and they can also use hand-made posters and paintings to improve cognition. In this way, children will not only have a sense of responsibility in this process, but also learn to share out the work and cooperate with one another, they can generate a collective sense of honor during the propaganda stage, further deepen their awareness of the epidemic, and experience the joy of victory over the epidemic. In the life teaching of small class kindergartens, the teaching of the outlook on life and death for children is a blind spot in the current teaching, teachers need to start with the understanding of virus to help children understand life and death, so help children better understand personal life from the perspective of life and death, and produce the idea of cherishing life. Under the background of the epidemic, children must be aware that they must always do protection well. For example, children need to stay at home when an epidemic occurs, and they cannot go out at will. Moreover, children must pay attention to personal hygiene habits, insist on exercising, and form good habits. Therefore, children should not be too contemptuous or fearful, they must protect ourselves scientifically and correctly. In addition, it is necessary to collect relevant self-rescue methods for other emergencies, develop health idea of children in small class, guide children to master the ability to protect themselves, and form good hygiene habits.

3.2. Participate in Life Exploration Activities and Understand the Value of Life

In one day's life, we can let children go to the planting area in the natural corner, weeding, watering, catching insects, loosening the soil, and fertilizing the plants, so that the children can feel the hope of life and carry out life education; go to the breeding area to feed, change water, and clean the small animals in the natural corner, let the children feel the vitality of life; visit

the hospital, let the children feel the pain of the patient, have new understanding of life, and cultivate the children's compassion and love. As front-line teachers, we observe and guide children, let them record what they see and feel in notebook, everyone can communicate and share, and they can perceive the life of animals and plants through their own personal experience and feelings, let children know the complete process of life: birth, growth, sickness, aging, death, etc., so that they can know how to cherish and respect life.

3.3. Be Grateful, Learn Responsibility and Take on Responsibility

We need to make children understand that people are an important part of society, not the ruler of society. In the cognition of children, "Astro Boy, Ultraman, Super Flying Man" cartoon characters are heroes. When facing the doctors who are tightly wrapped in TV shows, neglecting will inevitably lead to some incomprehensible and scared thoughts. Therefore, small class teachers and parents should let children know the meaning of "the most beautiful heroes in harm's way" with relevant life education activities, understand the medical care, police, community volunteers, and other staff who stick to the front line of the epidemic, they are on the front line of fighting the epidemic, they are the heroes fighting on the front line and the real heroes for the safety of the people, they need to be grateful for these heroes, so as to learn the essence of selfless dedication and courage to take responsibility.

3.4. Revere Nature and Love Animals and Plants

Biological scientists have said that "people do not know revering nature is the source of all disasters." The outbreak of the COVID-19 may be related to food and wild animals, Therefore, when carrying out life education, it is necessary to educate children to protect animals and plants, revere respect nature and life. With the help of games, communication, watching related programs, etc., helping children understand the current living background of animals and plants, it is necessary to ensure ecological balance and need to live in peace with nature, so that nature can give back to mankind and make children feel awe of nature. Furthermore, we must refuse to eat game, love animals, and protect our living environment, not only for our own life, but also for the safety of the entire world. Of course, reverence is not a sign of weakness, it is to respect the relevant laws of nature, and maintain the diversified natural ecology. If people don't have a certain amount of reverence for nature, they will pay a bitter price. Furthermore, parents also need to set an example, start from themselves not to eat game, and to love animals. In daily life, children in small classes should be guided to treat animals and plants kindly. In normal times, don't step on flowers and folding flowers at will. Educating children to start from the side, cherish every drop of water, and use their actual behavior to cherish nature.

3.5. Psychological Education of Children in the Face of Disasters

Although children cannot fully understand the origin and principles of the COVID-19, children can very sensitively observe the movements, behaviors, expressions, and tone of people around them to capture relevant emotions. Under the background of the epidemic, some parents and teachers will be affected by the epidemic due to various aspects such as inconvenience, safety, and health, and produce some anxious and uneasy emotions, and it is easy to make children anxious and nervous. Because children cannot go out for a long time, compared with other situations where they can go out to play, they will also have some anxiety, therefore, it is also very important to implement children's psychological education in the life education of children in small class. At present, it is an important moment when we need to pay attention to children's behavior and psychological performance. Therefore, once relevant problems are discovered, effective strategies need to be adopted to help children solve problems.

Children in small class are at a critical stage in the formation of moral literacy, and the development of patriotic education requires subtle influence. Some experts have carried out research on patriotic education in small class, and pointed out that the current patriotic

education in small class is at a weak stage. Small class teachers need to use the family-class patriotic theme class meeting, stimulate students' correct understanding of the country and stimulate their patriotic feelings. One of the main contents of school moral education is patriotic education, which is also the top priority. By holding patriotic education class meetings with the participation of parents, the head teacher can encourage students to establish patriotic thoughts and establish the correct three views. Holding the patriotic education class with the parents can also help children have a clear understanding of their future, and can cultivate future outstanding talents for the development of the country. When small class teachers hold class meetings on patriotic ideological education, students need to acquire relevant knowledge to understand the importance of patriotism. Therefore, the class teacher can stimulate students' patriotism by holding the patriotic education class meeting with the parents, and can use the class meeting to create a patriotic atmosphere for the students. Especially when facing the epidemic like sudden flood, the country makes overall plans and people all over the country are united. Thunder God Mountain hospital and Fire God Mountain hospital are springing up like mushrooms after rain. The whole country is united to support the affected areas with the necessary materials, and more than a dozen epidemic prevention hospitals have quickly obtained material contributions. When one party is in trouble, all parties support it. All kinds of behaviors can make children feel the power of the country, thereby building the feeling of patriotism, forming the feeling of patriotism and love.

4. Conclusion

The 2020 epidemic is an extremely tragic and unfamiliar disaster, facing the severe test of life, life education for children in small class is very necessary. As the leader of children, small class teachers need to help small class children to learn life education lessons well, and they need to get a better life in growth. It is necessary to focus on life, and help small class children understand and respect life through life education, so that they can realize the value of their own life. The life experience of this special period is part of the child's life growth experience and the primary way for the child's growth. The next generation can be better guided to grow up actively through life education for children in small class.

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