

A Brief Analysis of the Influence of Family Relations on Children's Growth

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Abstract

As the saying goes: "The home is the child's first school, and the parents are the child's first teacher." Family relationships play a very important role in the growth of children. In a traditional Chinese family, the relationship between mother and child greatly affects the child's outlook on love and character development. The relationship between father and son influences the development of children's intelligence and character to a large extent. The harmony between husband and wife affects the strength of children's interpersonal skills.

Keywords

Father-son relationship; Mother-child relationship; Husband and wife relationship; Children; Growth.

1. The Influence of Mother-child Relationship on Children's Growth

1.1. The Role of Mother-child Relationship

Maternal love is like water, inclusive of everything like a stream, it is the warm companion of the long stream of water and the silent nourishment of things. The first voice that many children learn to make is "Mom". A "mother" not only represents the name and relationship between mother and child, but also carries the love, warmth and care between mother and child. For a child, a mother is not only the continuation of life, but also the inheritance of the soul. The mother not only gives the child life but also unknowingly shapes the child's soul. In a sense, mother's education is the "root" Education is the "source" of education. [1] When a person is just born, the emotional bond he establishes with the person who raised him will become the foundation of his life's emotional development, communication mode, and personality development. A person may not have any kind of relationship in his life. Like our relationship with a mother, our personality and communication mode can be shaped imperceptibly. From the perspective of social relations, mothers often have the greatest influence on the growth of their children, and their status in the minds of children is also quite high. If a mother has a healthy and good outlook on love, and can often communicate with her children about love issues in an appropriate way, she is willing to listen to their voices, and is good at guiding her adolescent children to correctly deal with inner throbbing and ignorant emotions. Such a mother Can often help children to establish a positive outlook on sex and love. From the perspective of pre-school education, because almost all people receive most of the early education from their mothers, the image of mothers affects a child's life, and especially plays a decisive role in the child's education. The growth of a child is indispensable, because the mother is the first carrier of the child's emotions. [2]

1.2. The Influence of Mother-child Relationship on Children's Outlook on Love

The relationship between mother and child greatly affects children's understanding and expression of emotions. If a mother gives care, love and warmth to her children during the growth process, [3] the growing children will continue to receive the signals of love, constantly understand the meaning of love, and continue to experience the warmth of love. As time passes,

the children I will also learn to understand love, learn to love, and express love in a subtle way. [4] Mother's love and care will make children yearn and yearn for love and being loved. The mother-child relationship is the mother's response to the child's needs, regardless of physical or emotional needs. If the child wants to attract the mother's attention, the mother should pay enough attention to the child, rather than ignore it; if the child wants to be alone, the mother should also give the child a certain amount of space for him to explore the world around him alone. Most of the love views of children with this kind of mother-child relationship after they grow up belong to the safe love view. The formation of this view of love is inseparable from the relationship between mother and child. Usually this kind of love concept is the ideal and safe concept of love, which accounts for about 55% of the total population. Most people who have a safe outlook on love have a happy childhood and a harmonious mother-child relationship.

We often hear this sentence: Some people heal their childhood in their lifetime. Especially those children who are in the physical and mental stage of development and those who have just matured physically but are still young psychologically. They need the correct guidance and understanding of their mothers more than ever before, and gradually help them to discover and adapt. , To adapt to this world from different perspectives. In this critical period, if the mother-child relationship is cold and alienated, some mothers may even treat their children indifferently, treat their children in an impatient or rude manner, ignore their physical and mental changes, and even neglect or ignore their children. No, the result of this is that the child's mind will be hit to varying degrees, which will affect the child's outlook on love. Generally, there are two manifestations; one is the escape-oriented view of love. This kind of children usually suffer a certain degree of psychological harm when they are young, such as being left out by their mothers, and being regarded as a burden or burden by their mothers. After being hurt, he chooses to close his heart in order to protect himself. Such children will escape and reject love when they grow up. It is difficult for them to feel love and kindness like ordinary people, and it is also very difficult for them to accept love or other emotions. If it is said that for ordinary people with a safe outlook on love, love goes in both directions, even if one party may pay more at first, as the time between the two people increases, both parties are willing to pay equal love and love for each other. Caring, so the balance of love can be stable, and such a relationship can last; and for those who have an escape-type view of love, even if the other party pays a lot of love and care, it is still difficult to impress them, just like the water-catcher constantly To dig a well that is about to dry up, they will feel that even if they are digging deep, it is just a waste of effort. Therefore, over time, even the toughest people will find it difficult to persevere. Once they give up, they will cause secondary damage to the "well", so that the "water in the well" seeps deeper into the ground, making it harder to be discovered. The final result will fall into a vicious circle until the day when the "water in the well" disappears completely. On the other hand, this kind of children may not get enough love from their mothers in their infancy, leading to extreme yearning for love. Known as "emotional hunger and thirst", it is a kind of love view that is extremely eager for love. [5] This type of person is extremely eager for love but cannot be satisfied. People with this emotional disorder are a bit like alcoholics who endlessly pursue the so-called new love, and can even risk the break of their family and pursue the stimulation of love. Over-reliance on each other in love, and even go to extremes in order to get love. The love of most of these children ends in tragedy.

Maternal love is one of the first emotional types that children come into contact with. Therefore, children will subconsciously imitate the pattern of maternal love and form the initial concept of love. The proper care of the mother for the child can build a good mother-child relationship. And a perfect mother-child relationship can lead children to form a correct outlook on love to a large extent.

2. The Influence of Father-son Relationship on Children's Growth

2.1. Problems in the Relationship Between Father and Son

Father's love is like a mountain, as majestic as a mountain, it is a thick, silent love and dedication like a mountain. Father's love is an important part of a child's growth. [6] However, according to a survey conducted by the Shanghai Children and Adolescent Research Center, when a child encounters a problem and chooses whom to confide in, only 7% of the children choose the father, while 63% of the children choose the mother. [7] Many surveys across the country also show that the ratio of children communicating with their mothers is more than 20% higher than that of fathers. [8] In this regard, Sun Yunxiao, deputy director of the China Youth Center, said: "Fathers who have many problems in family education in China do not care about their children, and are handled by the mother alone. Whether the father does not care about the children, or is severely indifferent to the children, It is a manifestation of the absence of the father's education. Although this phenomenon has not become a common phenomenon, it has become a prominent problem in family education." From the survey results, it can be seen that in China, fathers communicate less with their children than mothers. To a certain extent, it also shows that the rate of missing paternal love among Chinese children is higher. In the author's opinion, maybe this is not because our father loves us not enough, but because the father will not express his love. In the work "Father's Love" by American writer Elma Bombeck, he described such a father in humorous words: "Dad doesn't know how to express love. It is my mother who makes our family get along well. Dad doesn't know how to express love at all. Unless...Is it because he has already expressed it, but I didn't notice it?" [9] However, when the author grew up reading this work again, he could appreciate his father's The clumsiness of love and inability to express. As a child, we may not be able to experience it, so the lack of paternal love or the inability of children to appreciate paternal love is a more prominent problem.

2.2. The Influence of Father-son Relationship on Children's Character

Although there are some problems in the relationship between father and son in China, fatherly love is still an indispensable and extremely important part of the child's growth process. The father is a role model for the child's growth. The relationship between the father and the child plays an important role in the formation of personality and the normal development of gender roles. Generally speaking, fathers have rigid qualities such as independence, calmness, decisiveness, and self-confidence, while mothers are gentle, kind, and Tolerance and other qualities. Of course, these qualities are not only uniquely owned by the father or mother. Although these qualities are not fixed in different parents, there must be differences in the personality qualities of the parents. Therefore, the qualities that children can get from their parents are also different, and the father Using one's own quality guidance can promote the formation of children's personality quality. Studies have shown that children who have been in contact with their father for no less than two hours a day have more harmonious interpersonal relationships, enterprising spirit, and adventurous spirit than those who have contact with their father for less than six hours a week. [10] Chinese pedagogy and psychology experts conducted a questionnaire on the personality and behavior characteristics of more than 2,100 primary and middle school students in 5 provinces and regions. It also shows that those children who spend a long time with their fathers are more likely to gain more knowledge, experience, and knowledge from their fathers. Creating consciousness and imagination will help stimulate children's curiosity, curiosity and self-confidence. In addition, the role of the father in the family will have a huge impact on children's perception of gender roles. Boys often see their fathers as a role model for future development, while girls learn how to get along with men and women by observing their parents. According to Sun Yunxiao, some researchers believe that children who lack parental love are prone to emotional disorders. Most of them

suffer from anxiety, low self-esteem, and low self-control, and even have many bad living habits as adults. Scholars call children's depression, loneliness, willful and dependent behaviors "lack of paternal love syndrome." [11]

Therefore, regardless of the parent-child relationship or the mother-child relationship, the harmony of the relationship plays a vital role in the growth of the child.

3. The Influence of Parental Relationship on Children's Growth

3.1. The Role of Parental Relationship in Family Relationship

The relationship between parents and children is like a triangle. The bond that maintains all of this is love. Parents form a family out of love, so the relationship between parents is the cornerstone of the family relationship. [12] is the bottom side of the equilateral triangle. The relationship between husband and wife determines how long the base of the triangle is, and the length of the base determines how stable the family is. The child is the crystallization of parental love. The parent-child relationship determines the height of the triangle, which determines that the height of the triangle is not the parent who is close to the child, but the relatively distant one. The quality of the parent-child relationship determines how much the child can gain in the family.

Security and trust are essential to a child's growth. It can be said that security and trust will lay the groundwork for a person to perceive the world. So where did we gain security and dependence in the first place? Coming from the family-this feeling comes from the experience of being taken care of and nurtured in the early years, from the safe and loving atmosphere of the whole family. Studies have shown that a good relationship between husband and wife has a positive effect on the growth of children. If the husband and wife can understand and respect, adapt to each other, complement and support each other, they will provide irreplaceable safety and dependence for the child. A harmonious family atmosphere has a good effect on children, and an equally discordant family relationship can cause huge psychological trauma to children. So if you want your children to grow and improve, parents need to learn to grow and improve first. In the relationship between husband and wife, both husband and wife should understand and accept each other, and establish a relationship of mutual trust and understanding. Two imperfect people are willing to accept each other's imperfections, know how to appreciate each other's perfect place, so that the relationship between the two becomes more harmonious. In this process, parents not only improve their self-cultivation, but also improve the relationship between the two parties. At the same time, the way the parents handle the relationship and the attitude and practice in the face of conflict also provide a good example for the child. [13]

3.2. The Influence of Parental Relationship on Children's Interpersonal Relationship

It is undeniable that the relationship between parents does affect the interpersonal relationship of children. In the family, the relationship between parents and their emotional state is one of the content of children's learning. Children can perceive the harmony or conflict of their parents, and internalize it into one of their own behavior patterns, and the result of this learning It is manifested in the process of getting along with others. Therefore, if the parents' marital relationship is not very harmonious, it is easy to cause the children to show interpersonal communication barriers in the society in the future. If parents don't actively face conflicts when conflicts occur, but instead quarrel, blame each other or even use violence to complicate and aggravate the problem, then the solution to similar problems can be imagined for children. Such children often lack calmness when communicating with others, are too selfish, and only see the mistakes of others and ignore their own faults. In another situation, when facing conflicts, parents choose to avoid conflicts, and the two sides are in a cold war. This kind of getting along

will also escalate the conflicts, and it is not only the conflicts that cool down in the end, but also the husband and wife relationship between the parents and the warmth and harmony of the family. Such children will show avoidance problems when communicating with others and refuse to communicate effectively with others. Because the child first came into contact with the parents, it was first observed that the interpersonal relationship is the parent's husband and wife relationship, mother-child relationship, and father-son relationship. These three relationships have a significant impact on the child's interpersonal relationship, especially the parent's husband and wife relationship to a large extent. The child's cognition of marriage.

3.3. The Influence of Parental Relationship on Children's View of Marriage

An ideal family relationship is like an equilateral triangle. The triangle becomes stronger only when three people infiltrate each other with equal love. If the relationship between husband and wife is too far apart, it will not only affect the relationship between the child and the parents, but also have a negative impact on the stability of the entire family. If the parent relationship is not good, the children may be afraid of marriage and dare not enter the palace of marriage. If the parents have long-term disagreements, hostility, constant quarrels, tensions and conflicts, they may have psychological problems for the children. When the parents have a bad relationship, domestic violence occurs, or divorce, the children are lonely and helpless in heart, and may be negative and world-weary. , Rejecting all those close to them, the children's mental health is worrying. On the contrary, if the family is happy and harmonious, it will promote the growth of the child. When the parental relationship is harmonious, harmonious and beautiful, the heart of the child is often full of warmth and sunshine, and most of them will actively face the future challenges. Love is the most powerful force in the world, and it is also a lifetime wealth to children. A child cultivated in love can perceive love more keenly, and will give back love more selflessly. But children who grew up in parental quarrels have difficulty accepting and understanding love. Whether the environment of the original family is harmonious or not will have a great impact on the future children's outlook on mate selection and marriage. Parents are loving and family friendly. Children will follow their parents as a model, confidently and bravely pursue their significant other, treat each other kindly, and have a happy and fulfilling marriage. If the parental relationship is not very harmonious, some children may continue the same emotional life as their parents.

In short, the quality of parental relationship has a great impact on the future of children. There is a saying that "the best education for children is family harmony." [14] The relationship between parents may be variable in the future. Since we have children, we will work together to give them a warm home. Therefore, nourish the family with love and warmth, and the family will surely bear the fruits of love.

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