

# Some Thoughts on the Practical Teaching of Ideological and Political Theory Course in Colleges and Universities

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## Abstract

Ideological and political education in Colleges and universities should take Marxism Leninism as the basis and effectively combine theory and practice, so as to prepare for the all-round development of students in the process of student education and management. The ideological and political theory course in Colleges and universities is an effective way to strengthen college students' Ideological and political education. Setting up classroom teaching links reasonably can highlight the teaching value of the course, and it is also an effective way to realize innovative exploration around the new curriculum reform. Nowadays, with the effective promotion of educational reform in Colleges and universities, the teaching practice of Ideological and political courses still needs teachers to constantly innovate and optimize, which the author will discuss in detail.

## Keywords

Higher education; Ideological and political theory course; Practical teaching; Strategy.

## 1. Introduction

The practical teaching of Ideological and political theory can not only ensure the teaching quality of college courses, but also the basic link of optimizing teaching. This paper analyzes the requirements of educational reform and development in Colleges and universities. In the teaching stage of Ideological and political course, we should do a good job in guiding students' practical ability, improve the course teaching management mechanism, and explore effective ways of educational management. Nowadays, the ideological and political theory course in Colleges and universities has achieved remarkable results in the process of practical exploration, but in the combination of theory and practice, there is less experience in curriculum research and practical operation. It is also necessary to optimize the curriculum teaching strategy according to the actual situation of students.

## 2. The Significance of Practical Teaching of Ideological and Political Theory Course in Colleges and Universities

### 2.1. Practical Teaching Is the Foundation and the Basis of Explaining the Course Content

In the teaching of Ideological and political theory courses in Colleges and universities, teachers convey these ideas to students and integrate ideological and political education with them, which can cultivate socialist talents who meet the needs of the development of socialist society and have a good world outlook and outlook on life. The reason why we pay attention to theoretical teaching is to improve college students' cultural awareness, obtain internal learning motivation, and finally transform it into a code of conduct [1]. In the teaching stage, teachers use diversified teaching methods to enable students to actively participate in the social practice stage. Students can better feel and understand the specific situation of social life, integrate

theoretical knowledge with personal practical experience, students will have a deeper understanding of Ideological and political courses, and students can better complete the in-depth understanding and comprehensive control of curriculum knowledge, Can obtain the conditions for the transformation of thought into action.

In the ideological and political teaching stage, teachers should not only help students master the basic theory, but also help students actively participate in the practice stage, so that students can continuously improve their cognitive ability, obtain the opportunity to exercise their will and deepen their emotional thoughts in social practice. Therefore, the ideological and political theory course in Colleges and universities can improve the teaching concept and complete the teaching objectives by effectively combining theory and practice.

## **2.2. Show the Teaching Value and Test the Teaching Results**

In the teaching stage of Ideological and political course, teachers should introduce the relevant contents of current affairs and politics into the classroom. The purpose is to help students understand China's basic national conditions, improve college students' political awareness, and help college students establish a good learning concept. However, in practice, ideological and political theory courses in Colleges and universities pay more attention to the explanation of theoretical knowledge in the classroom, and the content of Ideological and political courses is more stiff and boring, which leads to many problems in the development of students' learning interest and learning ability. Even some students have problems with their attitude towards the ideological and political course. They think it is a relaxing course to learn other professional knowledge in class or do homework in other disciplines. Teachers in Colleges and departments adopt the mode of centralized teaching, and teachers can not guarantee whether students maintain a state of concentration. In this case, the quality of teaching will be affected.

In the explanation stage of Ideological and political theory course, teachers pay attention to students' practical teaching guidance, which is an effective way to improve the effectiveness of Ideological and political theory course. Through practical teaching, flexible teaching forms can be applied, and students' enthusiasm and initiative can be further improved. In the process of practice, students have the ability to actively explore problems, and can actively deal with learning problems, which shows the value of Ideological and political theory teaching.

## **3. Practical Teaching of Ideological and Political Theory in Colleges and Universities**

Practice pays more attention to the cultivation of students' ability to understand the world and transform the world. In the practical teaching stage of Ideological and political theory course, teachers help students master theoretical knowledge, learn the method of understanding the world, and try to transform the world by relying on their own ability. In the process of understanding and transforming the world, students can obtain the basic ability to test their theoretical knowledge, and students' identity with curriculum knowledge can be effectively improved.

Nowadays, in the practical teaching stage of Ideological and political theory course in Colleges and universities, the common method is to help students go out and encourage students to effectively combine theory with practice and better complete the teaching objectives through a series of investigation, analysis and research. This educational method is scientific, but there are many deficiencies in the practical stage. Because of the traditional teaching theory, students have no chance to participate in practice, and the frequency of students participating in practice is relatively low. The potential dangers that may exist can not be predicted and analyzed in time. At this time, the practical teaching effect of Ideological and political theory in Colleges and universities often can not meet the target requirements [2].

Nowadays, the teaching reform of Ideological and political courses is effectively implemented. Based on theoretical teaching, we should strengthen the guidance of practical teaching, help students out of the campus and enable students to actively carry out relevant work in the practical environment they can contact. In the process, students have the opportunity to explore the scope of practice and establish the scheme of auxiliary learning. In this way, they can solve the difficulties of teaching practice, broaden their learning vision and further improve the practice efficiency. Therefore, teachers should comply with the development ideas of education, effectively combine theory with practice, and ensure that all teaching activities can be carried out according to the planned objectives. At this time, the practical teaching level of Ideological and political theory will be further enhanced.

#### **4. An Effective Way of Practical Teaching of Ideological and Political Theory Course**

##### **4.1. Optimize Classroom Teaching Mode and Realize Classroom Expansion**

In the theoretical teaching stage, teachers infiltrate the ideological and political practice concept, pay attention to the optimization of teaching methods, build a good learning situation, and further improve students' learning enthusiasm and initiative. In the process, students can actively participate in practice, effectively think about problems and find solutions to problems. In this way, the classroom expansion objectives of practical teaching are implemented. In the ideological and political theory teaching stage, teachers reasonably set up problem situations, and apply the corresponding case or special education mode to determine the corresponding teaching methods. In the process of transmitting the awareness of the rule of law, teachers can combine the course teaching content, reflect the actual court situation according to the learning characteristics of students, and realize the construction of simulated court. Students can have the opportunity to play a corresponding role in the process of classroom learning, feel the shock of their hearts in the process of learning, and adjust their own moral code of conduct in time.

##### **4.2. Constructing A Perfect Practical Teaching Team of Ideological and Political Theory Course**

If teachers want to implement the practical teaching objectives, they need to carry out teaching management in an organized and planned way before the beginning of the course. The school should do a good job in the centralized training and guidance of teachers, let teachers regularly participate in practical activities, let teachers carry out practical research in factories, rural areas and communities, and do a good job in the feedback of teaching information in combination with the final survey results, so as to be organized and Let students participate in practical activities in a planned way, and teachers can realize professionalism in the process of knowing. Colleges and universities can also organize teachers to participate in corresponding inter school cooperation, encourage students to learn effectively, communicate and interact, and improve their own shortcomings [3].

##### **4.3. Determine the Theme of Campus Culture and Realize the Theme of Campus Teaching**

In the stage of educational management, colleges and universities use different teaching modes. They have different teaching management states in terms of teachers' team and discipline characteristics. In this case, the performance of Ideological and political theory practice teaching is also different. Therefore, in the stage of education and teaching management, colleges and universities should combine the characteristics of campus culture and build an ideological and political teaching model suitable for their own development. For students, they can be positively inspired and influenced in the process of school construction and development.

Especially in the initial stage of the founding of some colleges and universities, due to the continuous social unrest or war, the advanced intellectuals made continuous efforts for the rise of China together with the Communist Party of China in order to seek a new path of national development and continue the glorious historical tradition. These are precious campus culture and historical materials. Teachers set special educational activities to lead students to explore the spiritual and cultural development of the school, and guide students with inspiring spiritual and cultural ideas. In this way, the influence of the community is demonstrated. During the study of Ideological and political courses, students can maintain a positive attitude, improve their theoretical learning level, and obtain opportunities for the development of moral sentiment.

#### **4.4. Optimizing the Evaluation Model of Practical Teaching of Ideological and Political Theory Course**

In the stage of student education and management, most colleges and universities will use effective education and teaching methods to test the effect of Ideological and political practice teaching. Usually, teachers will let students write a paper or participate in relevant investigation reports. This traditional teaching management mode can exercise students' writing ability and practical exploration ability. However, from the reality of the development of modern society, some students can obtain a large number of information resources by relying on the Internet in the process of homework. Many students will directly plagiarize other people's labor achievements and perfunctorily complete the tasks assigned by teachers. In this case, the final effect of practice class cannot be determined [4].

Therefore, College Ideological and political teachers need to adjust the teaching evaluation methods in time, apply diversified assessment management mode, pay attention to students' group discussion, keynote speech and other related work, let students spontaneously participate in practical work and cooperate to complete the corresponding investigation and research objectives. Teachers use flexible and interesting investigation methods to help college students, mobilize their learning enthusiasm and initiative, and further enhance their personal cultural understanding ability during knowledge learning. In the process of teaching management, the combination of theoretical course practice results and teacher assessment management can improve teachers' attention and continuously improve teachers' initiative consciousness in the stage of teaching planning and management.

### **5. Conclusion**

In the stage of education and teaching management, colleges and universities should explore and optimize the way of practical teaching in combination with the actual situation of Ideological and political theory courses, supplement and improve the course contents, help students strengthen their interest in learning and constantly improve their practical ability. In this way, the practical teaching level of ideological and political theory in Colleges and universities can be improved, and students can deeply explore the knowledge of Ideological and political courses around the actual teaching requirements, Constantly improve their ideological and moral character.

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