

An Analysis of the Feasibility of Intervening School Social Work in University Student Work

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Abstract

Traditional college student work which has always been based on "management" methods can no longer adapt to and meet the increasingly individual needs of college students in the new era. By introducing the school social work especially the professional concepts and methods such as "People-oriented" and "Helping others is to help themselves." "Individualization" into college student work, the effect of educating people will be effectively enhanced, students' potential will be further activated, and their ability to solve problems will be improved, thus to inject new vitality into the work of college students.

Keywords

School social work, College student work, Counselor.

1. Introduction

In recent years, with the expansion of college enrollment and the in-depth advancement of college reforms, the college student work has become more and more complex and diversified, which brings great challenges and pressure to both college counselors and students. The traditional college student work is centered on the ideological and political education and has a strong administrative color. "Management" has been implemented in its work concepts and methods. In order to enhance the effect of education, improve the status quo of college student work, enhance the effectiveness and scientificity of college student work, and create a new situation and new era of college student work, the professional concepts and methods of school social work are attempted to introduce into the college student work so as to provide more comprehensive help and guidance for the growth of students in a more scientific, refined and professional manner, and inject new vitality into the work of college students .

2. Concept Definition

The American Social Work Association wrote in its *Encyclopedia of Social Work*: "School social work is the use of social work theories and methods to achieve the main purpose of the school. The main purpose of the school is to provide students with teaching and learning. A place so that students can prepare themselves for the world they live in now and the world they will face in the future." In detail, school social work is dedicated to improving the learning environment and conditions, and helping students with difficulties adapt to learning and living. Through the interaction among students and their parents, schools and communities, it can help prevent and solve student problems, promote the healthy growth of students, form a good interactive relationship between "family-school-community" and build a harmonious environment for students' healthy growth, guide students to seek individualized and life-oriented education, establish a socialized personality, and enable students to better adapt to current and future life.

3. Analysis of the Compatibility of School Social Work and College Student Work

3.1. Consistency of Service Objects and Goals

The school social work and college student work both serve for college students, yet college students cannot be regarded as fully adults and social people. In particular, the current college students are not only in a transitional period of rapid social change, but also in their transition and maturity period of life. The content of the work around the students is closely related to the students' academic (professional) performance, employment, emotion management and control, world views, interpersonal communication, behaviours, psychological adjustment and social adaptation, etc. The goals of both are to create a good education environment, improve the scientificity and effectiveness of the work, help students to make a good transition during this period to explore their own potential, improve their ability to solve problems, and be fully prepared for future development and possible difficulties and setbacks

3.2. Similarity Between Working Methods and Implementers

In traditional college student work, the college counselors are the main persons in charge and the implementer of the work. They carry out a series of thematic class education activities, heart-to-heart talks, dormitory visits, student cadre training, and a variety of student activities, competitions and other forms of cooperation among students to achieve the purpose of education. The main methods of school social work are the three general methods of social work-case counseling, group counseling, and community counseling, which coincide with the above-mentioned counselors' frequently-used class-themed education, heart-to-heart talks, dormitory visits, etc., forming correspondence and complementarity. The role of college counselors is similar to that of school social workers, acting as enablers, supporters, advocates, intermediaries, and consultants in different "services" and "cases."

4. The Mode Construction of School Social Work Involving in the College Social Work

4.1. Integration Inside the System

At present, many colleges and universities have opened their own "college student mental health centers" and psychological courses to carry out psychological adjustment and psychological counseling, for college students, constituting a part together with counselors in the student work system. We can use this as platforms and resources to organize college counselors and psychological counseling teachers to further study and absorb the professional ethical values and methods of social workers, reshape them as school social workers. Through academic exchanges, job training and re-studying and many other ways, the existing faculty and staff can be taught with profession knowledge and methods of school social work. Besides, we can establish a school "student service organization", and integrate departments and staffs who have worked on school social work already. Based on the students themselves, their families, student dormitory areas, and the community environment inside and outside the school, we can carry out counseling modes such as traditional clinical models, school reform models, community school models, and social interaction models, forming a benign and friendly ecological interaction link of "student-school-family-community" and providing professional and systematic methods and approaches for school social work. And the integration within this system can rationally use existing human, material and other resources to further enhance efficiency, and effectiveness.

4.2. Employment Outside the System

At present, the role of college counselors has the dual identities —teachers and cadres. Their main job is ideological and political education, which has a strong administrative color, and their main focus is also the guidance and shaping of students' ideas. Their usual work is very cumbersome and tedious. It is indeed too difficult for the existing college counselors to assume the role of school social workers. Firstly, the professional backgrounds of the counselors are diversified, so they may lack of professional knowledge of social work and ability, which could be counterproductive in counseling and discourage the enthusiasm of teachers and students; secondly, counselors' current transactional works are already heavily enough and it is difficult for them to spare other time and energy to specialize in school social work. We can learn from some schools in Hong Kong and the coastal areas to introduce and hire professional social workers. The social workers are affiliated to government departments or third-party social service organizations and belong to school-based social workers, which are truly professional social workers. They will not be too constrained by the school, they can be closer to the needs of students, provide relevant services and guidance for students in a more liberalized and professional manner, and reduce the work and pressure of counselors.

5. The Significance of School Social Work Intervening in College Social Work

5.1. Link And Integrate All Resources to Form A Synergy of Educational Advantages

School social workers still emphasize and advocate the integration of existing resources, and the related platforms. They emphasize to provide service targets (teachers and students) with multi-channel, multi-level and multi-path help and guidance, establish a social support network, and build a comprehensive ecosystem link of "student-school-family-community", which shall be understood, helped and supported by multiple systems from micro, medium, and macro—level. It can feel safer and more comfortable, and promote service targets developing in a more comprehensive and healthy way.

5.2. Exploit Students' Potential and Improve Their Problem-Solving Skills

School social workers will actively integrate and tap various resources to create a more complete and better learning environment and living place for students to meet the needs of all students in academic, emotional, psychological, interpersonal communication and behavioral handling, to better explore the students' own abilities, to teach them some practical knowledge and abilities, to help students adjust themselves to the social environment, to improve their problem-solving ability, to help students' growth in various aspects, and guide them to smoothly pass the transition period of life and to better prepare for the future of study, life and work.

5.3. The Application of Professional Ideas and Methods Reduces the Work Pressure of College Counselors

The professional ethical values of social work include "acceptance, respect, individualization, the right to self-determination and informed consent, confidentiality, and non-judgment", etc. This is in line with the current college students seeking personalized and diversified counseling and maintaining their right to self-determination and meeting the needs of privacy. Combined with the use of case counseling, group counseling, and community counseling, we can develop personalized counseling programs for students, which can provide more refined and individualized counseling to students. Comparing to common traditional student work, this would be more effective. And different tutoring is given to different students, which can better

achieve the purpose of educating people. Under the method of teaching students in accordance with their aptitude, it can meet the individual needs of students while reducing the pressure on college counselors and enhance the sense of accomplishment and satisfaction at work.

5.4. Promote the Localization and Professional Development of School Social Work

As an "imported product", the social work profession started late in China. Although it has entered a state of rapid development, and there are more and more refined fields and divisions with practice and exploration, its popularization and popularity are still need to improve. School social work is a special form and profession that branched from social work to provide services in the education system. If school social work can be involved in the work of college students, it is bound to be able to provide further practical opportunities and development space to localize and professionalize social work, By use of school social work's own advantages, a good ecosystem can be provided, so as to provide down-to-earth support and practice to educate and guide students and help achieve the purpose of school education. it also opens up a new path for its own professional development, thereby promoting the development and maturity of social work and other fields of social work.

6. Conclusion

On the whole, whether from its professional ethical value or professional methods, school social work has certain similarity and compatibility with traditional and existing university student work, and it has been used in some schools in abroad, in Hong Kong, and along the coast of the mainland. If school social work can really intervene in the student work of colleges and universities, whether it is for students, teachers (counselors) or social work majors, it is a good thing for all aspects. First of all, it satisfies the students' personalized needs and counseling, narrows the distance between teachers and students, understands each other's demands and needs, improves the students' ability to solve problems on their own, and truly cultivates talents; Secondly, it can give the counselors professional help in student work, and release them from the "nanny-style" overall supervision and management, reduce work pressure, and improve the effect of education; Thirdly, it provides a broader practice platform and development opportunities for school social work, which is conducive to promoting school society localization and professionalization of work; fourthly, the intervention of school social work has injected new vitality into the work of college students, pointing out a new scientific and fruitful development path.

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