

Analysis on the Present Situation and Problems of Pension Institutions in Anyang

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Abstract

Based on the online investigation of 12 old-age care institutions in Anyang and the investigation of individual old-age care institutions, this paper sorts out many problems existing in the local old-age care industry. By analyzing the reasons, this paper puts forward relevant improvement suggestions, in order to provide reference for the improvement of pension problems in Anyang.

Keywords

Anyang, Aging, Pension institutions, Countermeasures.

1. Introduction

Institutional care and home-based care for the elderly are the main areas of the future pension, both for China and abroad. At present, the number of the elderly population in China has increased significantly, and the degree of aging has been further deepened. The development of China's pension industry, whether it is institutional pension or home-based care, needs to be further promoted. The central government has always been highly concerned about the development of the pension service industry. For example, in order to support the development of the pension service industry, the relevant national departments have put forward a number of opinions and relevant laws and regulations.

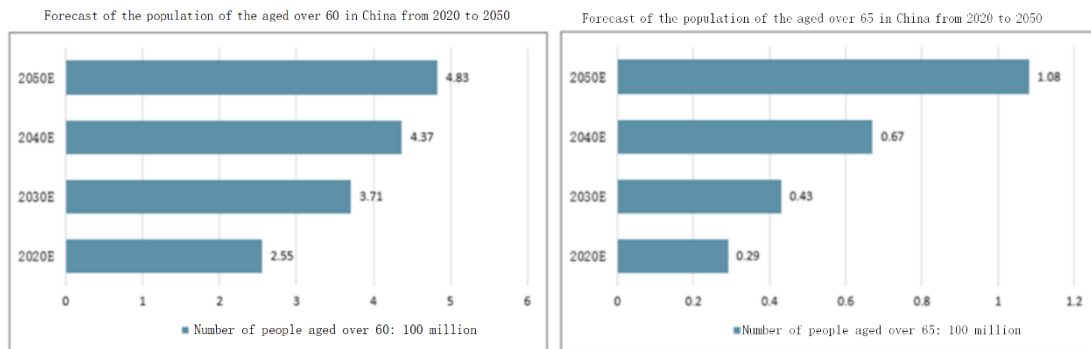
2. Background of Investigation and Research

(1) Aging situation

Internationally, there is a clear definition and distinction standard for the degree of population aging: people over 60 years old account for 10% of a region's population, or people over 65 years old account for 7%, which means that the country or region is aging. If the population over 65 years old accounts for 14%, then the number above 40% means that the region has entered a deep aging process.

① International aging of population

In 2000, China's aging population broke through the aging standard and officially entered the aging society. By the end of 2018, nearly 20% of the population was over 60 years old, and the proportion of population over 65 years old in the total population of China exceeded 4.7% of the international definition. In 2019, 12.6% of the population over 65 years old. According to the report on the development of China's big health industry, the proportion of people over 65 years old will reach 28.1% in 2050, which will be twice the proportion of deep aging defined by the international definition, accounting for 22.36% of the population aged 60 and above [2-3].



In 2019, the proportion of Japan's population over 65 years old is nearly twice that of the internationally defined proportion of deep aging. In Italy, 23% of the population is over 65 years old, and 21% in Germany. The three countries are among the top three in the international aging list.

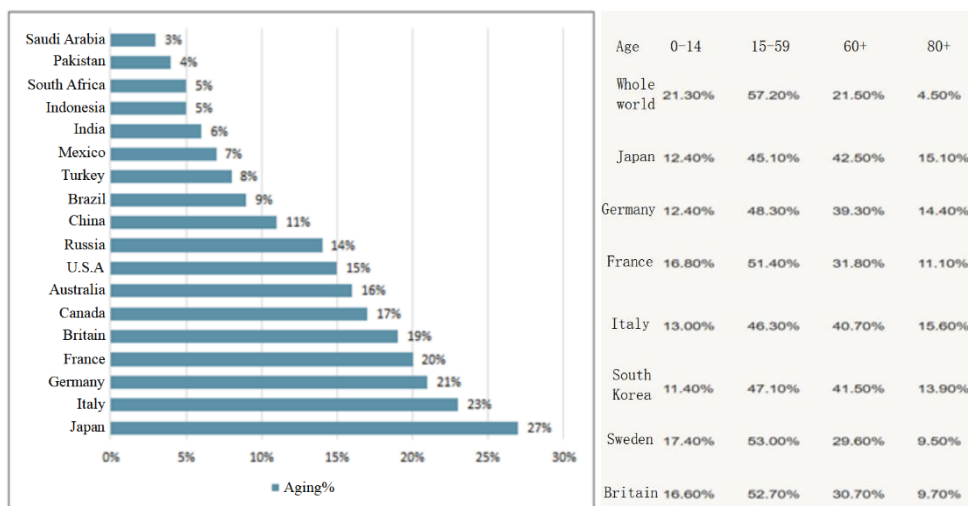


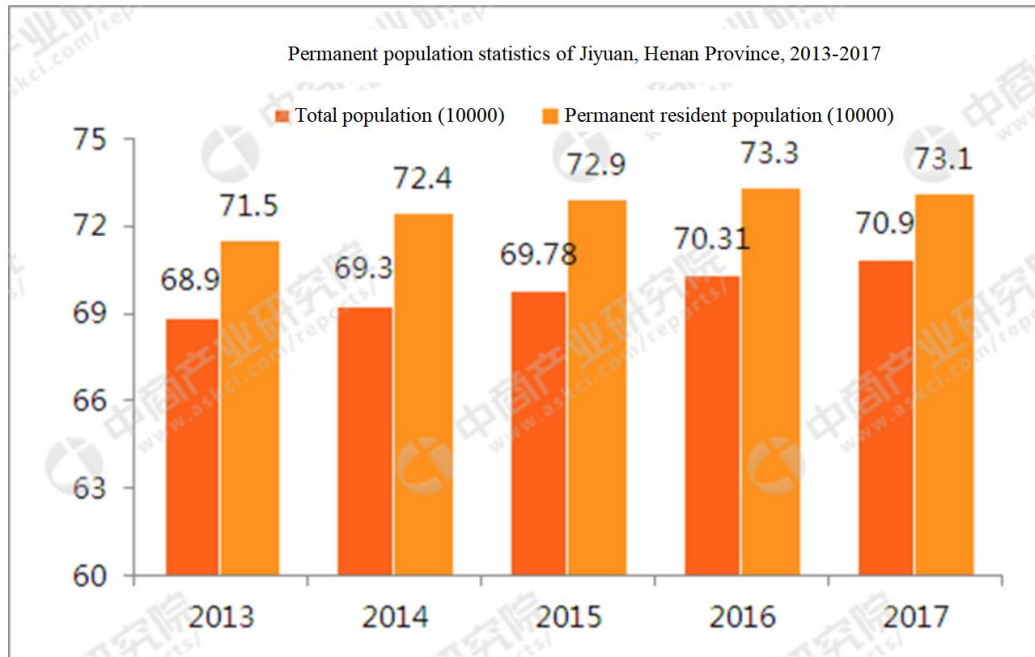
Figure 2050 International Population Aging Projected Data

② Population aging in Anyang, Henan Province

The aging of population in Henan Province is obvious in all provinces of China. In 2016, nearly 10% of the total population in Henan was over 65 years old, which was 1.8% higher than that in 2006. The working age population was only 69% of the total population, which was lower than the national average.

According to the national survey data, "by the end of 2017, the total population of Anyang in Henan Province was 709000, and the permanent resident population was 731000. Compared with that, the total population increased by 5900 and the permanent resident population decreased by 5000. The birth rate of Anyang is nearly 2.3 times of the death rate. "

The population distribution of the age group is as follows: there are nearly 520000 people aged 15 to 64, accounting for 71% of the total population. 11.41 percent of the population is over 65 years old. The aging degree of Anyang is the same as that of China as a whole, and is gradually deepening [4].



Data source: Large database of China Business Research Institute

(2) National Pension Policy

The central government pays great attention to the development of the elderly care service industry. In order to support the development of China's elderly care services, relevant state departments have successively put forward many opinions and related laws and regulations. For example: "The 13th Five-Year Plan for the Development of the National Aging Career and the Construction of the Elderly Care System", "Opinions of the Central Committee of the Communist Party of China and the State Council on the Implementation of the Rural Revitalization Strategy", "Regarding the preferential policies on tax and fee policies for community family services such as elderly care, childcare, and housekeeping Related policies and opinions, such as the "Announcement", "Opinions of the Central Committee of the Communist Party of China and the State Council on Doing a Good Job in the "Three Rural Areas" to Ensure an All-round Well-off Society as Scheduled" are all driving forces for the development of the elderly care service industry [5].

3. The Current Situation of Pension Institutions in Anyang

(1) Basic information of nursing homes

① Wangzhuang happiness Hospital of Dayu town

Wangzhuang happiness Hospital of Dayu town was built in 2017, with a total area of 1200 square meters and a building area of 420 square meters. Happiness hospital has 5 day care rooms and 10 beds, as well as a rest room, cultural entertainment, entertainment room, book reading, health room, etc. The indoor basic living facilities are sound, and the basic medical functions and facilities are complete. The health room is on duty by Xue Wenwu, a village doctor with professional qualification. At the same time, the management system is relatively perfect. For example: restaurant management system, venue management system.

② Anyang love home for the aged

Anyang love home for the aged, built in May 2006, covers an area of 6,500 square meters, and the building area accounts for 54% of the total area. It is formed by the combination of the south area (assistance area and protection area) and the north area (self-care area). There are 150 beds in the nursing home, with independent activity rooms, treatment rooms, etc., as well as

some fitness equipment and other tools and basic living facilities. There are also vegetable fields and small amusement parks.

At present, there are more than 30 aged care workers and more than 100 elderly people in Anyang, and the rules and regulations are relatively perfect. The charging range is about 800-1500 yuan. There are a wide range of clients, providing services of different levels such as self-care, semi-care, and special care. Belonging to private enterprises.

③ Kangle apartment for the elderly in Anyang

Kangle apartment for the elderly in Anyang has a good geographical location. On the one hand, it is located in rural areas, on the other hand, it is adjacent to township hospitals. To a large extent, this provides better conditions for the elderly to see a doctor in the nursing home. The nursing home covers an area of more than 6600 square meters, providing more than 200 beds and complete basic living facilities. It is equipped with elevator, fire control, monitoring, bedside call system and other safety facilities. It also has built chess and card room, entertainment room (including calligraphy, piano, erhu and other facilities), rehabilitation room and health care room. The charging standard is about 700-1500 yuan. There are a wide range of service objects, and different levels of elderly services. It belongs to public enterprises.

④ Xiyanghong apartment for the elderly in Anyang

Xiyangrong apartment for the elderly in Anyang has 300 beds. The nursing home is equipped with security facilities, entertainment and leisure facilities, and has complete living facilities. The residents include those who need self-care, semi nursing, full nursing and special care. There are some reasonable plans in the management system. For example, there are scientific arrangements for diet in life, and special personnel are arranged to follow up the elderly who are sick or uncomfortable. The purpose is to let the elderly in the nursing home can still feel the warmth of home, so that the elderly can stay in the nursing home with a better mentality. The charging standard is about 1000-3000 yuan / month. It belongs to a private nursing home.

(2) The pressure of traditional family pension

Up to now, family pension is still a big part of Chinese pension model. This is mainly due to the one-child policy implemented in China before, even though China has fully liberalized the two-child policy. But up to now, very few families have more than one child, so many families now need to take care of four or even eight elderly people in their future life, which brings a greater burden of family support to young people. At the same time, many young people choose to work in other places, which leads to many people being unable to take good care of their parents at close range. In China's current social environment, both rural and urban family pension models are facing an unprecedented test [6].

4. Analysis of the Problems Existing in Pension Institutions in Anyang

(1) Shortage of nursing beds

At present, because most young people need to work to support their families, there is no way to take care of their parents who are unable to move or take care of themselves. Some even work in the field, unable to take care of our parents for a long time. There will also be some people who are unable to reasonably support their parents because of their poor conditions. So many people in this part will choose to spend their old age in nursing homes, resulting in insufficient beds in nursing homes.

(2) There are few nurses and some of them have weak professional skills

The number of nursing workers is far less than the number of elderly people, and most of them are women. Their labor intensity is very high, a nurse has to accompany many elderly people, even if the responsibility distribution is clear, sometimes they are still busy.

At the same time, a considerable number of nursing workers, especially in rural nursing homes, have low cultural level and lack of professional nursing skills. Some nursing workers have not even received professional training for elderly care services, which will greatly reduce the service quality of elderly residents in pension institutions.

(3) The standard of nursing home is low, the policy implementation is not enough, and the funds are tight

The implementation of national policies is not in place, to a certain extent, affects and restricts the development of pension institutions and the improvement of facilities in pension institutions. The vast majority of pension welfare institutions due to the insufficient funding of the nursing home, resulting in the overall size of the institutions is small, service equipment standards are low, the functions are not perfect, and the lack of facilities.

(4) The service facilities are not perfect

Most of the facilities in welfare homes or apartments for the elderly can only provide simple living needs. Some services and facilities are lacking. For example, there is no barrier free access, and there are handrails everywhere. Community sports ground for the elderly and activity equipment is not very standard, most of the activity equipment is simple, indoor large activity room is less, and outdoor equipment in the use of weather requirements are relatively high. Some don't have good medical facilities.

Every hospitalized elderly and the children of hospitalized elderly most hope that there are good medical and health conditions in the nursing home, which is also one of the indicators of the development of pension institutions. Good medical conditions have great attraction for the elderly. However, due to the introduction of medical equipment and high professional quality of medical personnel, a lot of pension institutions do not have a good medical environment [7].

(5) Incomplete system

The legal system construction of the pension service industry is not very perfect, at the same time in many nursing homes or apartments for the elderly, there is no sound system. For example, staff management system, diet management system for the elderly, management service system for special elderly people, emergency operation management emergency measures, etc. And a part of the system is not fully from the perspective of the elderly, which is not conducive to the development of nursing homes. This requires the state and nursing homes to formulate service standards, strengthen the supervision of nursing homes, enhance the awareness and self-discipline of the pension industry, and better improve the management level of informatization and the degree of specialization of nursing homes [8].

(6) The function of home care service is weak

At present, the community endowment is still relatively backward to a large extent. There is no special home service organization in many places of rural and community. And now many elderly people's awareness of safety and health is weak, thinking is relatively backward, rural communities in health management is relatively backward.

5. The Practical Experience of Foreign Pension Institutions and Its Enlightenment to China

(1) Foreign practical experience

① Practice of elderly care service in Japan

In order to promote the development of elderly care, Japan has established the community elderly service system, which is mainly carried out by family members, neighbors and community members. The Japanese government has proposed to amend the "old people's welfare law" and "the old people's health care law", and introduced "Gold Plan" and "intermediary insurance" (that is, to use social or private forces to provide a certain degree of

life services for the elderly) and so on. So as to provide strong institutional and legal support for community pension services, make full use of social funds and talents, and promote social integration. The community service for the elderly in Japan has made up for the weak link of family pension and ensured that the service team is a high-quality professional team. In Japan, it is required to carry out strict assessment on the service personnel of nursing care for the elderly, and only those who have obtained the corresponding professional certificate can they work. At the same time, Japan is also vigorously building classes and universities for the elderly to meet the learning needs of the elderly.

② The practice of pension service in the United States

In the United States, parents and children live together rarely, and the elderly's pension responsibility is mainly borne by the American government and society. The United States has put forward a number of relevant laws in the development of pension services. For example, there are a series of laws, such as the law on the elderly, the law on community service and employment for the elderly, and the individual health education and training program for the elderly. From the legal point of view, this paper expounds the content of pension services, including pension assistance, housing security, medical care, re employment, etc., in order to build a national pension service network and give the elderly adequate pension security. At the same time, the U.S. government will provide old-age annuity and security subsidies to meet the requirements of the elderly according to certain standards, so that no matter what kind of elderly can live in their old age. In addition, the United States also set up universities for the elderly, providing psychological and legal services and employment opportunities for the elderly free of charge [9].

③ The practice of pension service in Britain

Similar to the United States, parents rarely live with their children, and the pension problems of the elderly are similar to those in the United States. In the development of pension service in Britain, a community social service system with macro supervision and control and financial power has been established. It puts forward a high demand evaluation system in the community service system to supervise any activities of the elderly service. At the same time, social workers volunteered to provide housekeeping services, night care, set up welfare homes for the elderly, and carry out various recreational activities. At present, most local governments have built apartments for the elderly, while private institutions and volunteers will set up private pension institutions to provide services for the elderly. The United Kingdom has also set up an elderly hospital for the elderly. The elderly can enjoy free medical treatment. At the same time, special personnel will be responsible for visiting the elderly regularly according to the advice and guidance of doctors, and provide treatment and rehabilitation advice.

④ Practice of elderly care service in Sweden

Sweden's population aging degree is serious, in order to promote the efficient development of the pension industry, high welfare pension security model is adopted. For example, the government will provide pension, housing subsidies and medical security, so that the elderly can better enjoy their old age life and serve the elderly to the greatest extent. Establish a strong community pension service system that can serve the elderly to a great extent. The Swedish government also actively encourages the development of commercial geriatric care, nursing service institutions and private geriatric care service centers. In addition, Sweden encourages charities and non-profit organizations to establish public welfare programs to serve the elderly.

(2) The Enlightenment of pension service practice in other countries to China

① Vigorously build community home care services

Community home-based care service model is a very important service model for the elderly in various countries. Community home-based elderly care services can provide more

comprehensive services for the elderly in need, and at the same time, it can improve the social pension capacity [10]

Therefore, our country should increase the policy support for the community home-based care service institutions and the population, improve the policy of social organizations participating in the elderly care service, and carry out high-intensity supervision on the community elderly care service. We should fully connect the society with the elderly, further strengthen the transformation of the basic social pension medical institutions, and improve the policy implementation and management of social basic medical service institutions. The specific work content mainly includes: providing regular health examination for the community elderly, holding health lectures regularly to improve the safety and health awareness of the elderly, emergency rescue and other work, and establishing and improving the community health archives.

② Establish and improve the legal system

The development of pension services is also very important for the development of the country. The pension security system is the legal backing to vigorously promote the development of various pension service industries. At the same time, we should standardize the object, content, standard, system, management, personnel, etc. of pension service.

③ Broaden the sources of pension funds

The government can establish public welfare programs by encouraging the development of commercial elderly care institutions and private elderly service institutions, as well as encouraging various social organizations. At the same time, we should try our best to give a series of policy support to the relevant departments in tax relief and other aspects. The government can alleviate the financial pressure of the state pension through the charitable funds donated by enterprises, individuals and charitable organizations.

④ Establish professional service team

We should pay attention to the professional quality of the elderly service workers and strictly evaluate their comprehensive quality. We should always ensure that the elderly care service team is a team composed of high-quality professionals and an organization that can provide high-quality services.

6. Countermeasures to Promote the Development of Pension Institutions in China

(1) Rational allocation of resources and improvement of facilities

We should extensively absorb funds and strengthen the construction and follow-up maintenance and management of entertainment facilities for the elderly in nursing homes, communities and rural areas. Make sure that the elderly have a place for activities and conditions for physical exercise, so that the elderly can spend their twilight years better.

(2) Increase policy guidance and change people's extreme views on nursing service

On the one hand, increase the work of publicity and activities of rural pension socialization, and further encourage the elderly and rural families to actively participate in the work of rural pension service socialization. It is necessary to strengthen the ideological guidance of the elderly who do not want to live in nursing homes and change the idea that some of them are too backward. On the other hand, we should improve the social status of the pension service industry in all enterprises in the society, and change the wrong and negative view that some young people think the pension service industry is inferior to others.

(3) Strengthen the team building of pension service institutions and improve their management and service level

We should strengthen the team building of nursing service institutions, improve the ability of nursing staff, and increase the allocation and training of nursing staff. Regular or irregular training and examination should be carried out for nursing staff at all levels of pension service institutions, so as to ensure that the medical service and quality of nursing team in pension institutions are always maintained at a high level. Make the service personnel work with certificates and distribute tasks reasonably according to the grade of certificates. Strengthen the supervision and management of financial resources, human resources and work management of nursing homes and community service organizations. Reasonable distribution of human, financial and material resources, reduce the phenomenon of loose management.

(4) Realize the combination of pension and medical treatment

Every hospitalized elderly and children of hospitalized elderly people most hope that the nursing home has good medical and health conditions. Medical and health conditions are also one of the indicators of the development of pension institutions, so there should be a professional medical and health center in the pension apartment, recruiting general practitioners and nurses, introducing professional medical facilities and rehabilitation facilities. So as to provide better medical assistance for every elderly in residence, so as to ensure that the elderly have access to medical care.

(5) Providing home-based care for the aged

In China's current social environment, the rural family pension model is facing a lot of problems, and the social home-based care service mode has been put on the agenda. But this is not to give up family support. What we need is to effectively combine family pension, institutional pension and community pension, integrate social resources and improve the national pension service system.

Home care for the aged is that the relevant service personnel directly enter the family according to the needs, provide corresponding services to the elderly in need, give full care to the elderly at home, and reduce the family pension burden of their children. At the same time, home care also makes full use of the material at home. Such as housing, furniture, living facilities, and even professional equipment. To a certain extent, home-based care can reduce the shortage of beds and equipment in nursing homes, save the cost of old-age care and provide psychological comfort to the elderly to a certain extent.

(6) The government encourages the development and construction of private pension institutions

The government should encourage the development of commercial elderly care institutions and private elderly service institutions, give policy support such as tax relief, and vigorously support the development and construction of various pension modes such as private pension institutions and virtual pension, and the establishment of public welfare projects. So as to alleviate the demand for pension institutions and relieve the pressure of the government.

(7) Organic combination of pension subsidies and pension institutions

All kinds of pension subsidies should be combined with pension institutions and community pension mode, so that the elderly can spend their old age in peace. Up to now, the cost of institutional pension ranging from 1000 to 3000 yuan per month is a high consumption for the rural elderly. The local government should also further increase the overall distribution of pension, and combine the support of government and society to better combine pension subsidies with pension institutions.

7. Conclusions

Under the current social environment of deepening aging in China, the traditional old-age care models such as rural old-age care and family old-age care are facing a great test, and the social

home-based old-age care service model has naturally become a major direction for the development of old-age care services in China.

Up to now, the development of old-age service in Anyang still needs to be improved. According to the survey, the existing problems are: the shortage of old-age beds, the relatively small number of nursing service personnel, the lack of good professional skills for the elderly, the shortage of professionals and the shortage of funds. Under the analysis of these problems, we can rationally allocate resources, improve the current situation of facilities, increase policy guidance, change people's extreme views on pension services, strengthen team building of pension service institutions, and improve their management and service level. Furthermore, we should realize the combination of providing for the aged and seeking medical treatment, implement the home-based pension model, encourage the development and construction of private pension institutions by the government, and organically combine pension subsidies with pension institutions.

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