

Investigation and Analysis of the Effect of Freshmen's Entrance Education in a University in Sichuan

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Abstract

For every freshman student, entrance education is the first lesson to start college study and life. It plays an invaluable role in helping freshmen to achieve high school-to-university roles, planning university life, and setting career goals. The so-called good start is half of the success. The study and life situation of the students in the freshman year, especially the first month of admission, has a far-reaching impact on the four-year study and future work of the students. Therefore, it is particularly important to continuously reform and innovate the form of entrance education and improve the effectiveness of entrance education. This study takes a sophomore in a university in Sichuan as the survey object to understand the influence and effect of their freshman entrance education. The sophomores are selected to fill in the questionnaire in order to allow senior students to make a retrospective evaluation of the entrance education they have experienced. Get more pertinent and practical results, and based on the results of the survey, provide a reliable basis for the reform and optimization of the school's entrance education work.

Keywords

College freshmen, Entrance education, Effectiveness.

1. Basic situation of the Respondents

The survey is open to 371 class sophomores in the School of Management, Materials, and Bioengineering. The survey was hosted by volunteers. The questionnaire was filled in anonymously, answered on the spot, and the questionnaire was returned on the spot. A total of 371 questionnaires were distributed, all of which were recovered, 360 valid questionnaires, and the recovery efficiency was 97.03%. There were 164 boys and 207 girls.

2. Questionnaire Content Structure

The questionnaire consists of four parts: The first part investigates the status quo of entrance education; the second part investigates the effect of entrance education at this stage; The third part investigates students' new requirements for the content and form of entrance education from multiple perspectives; The fourth part, set the issue of openness, gives the respondent more room to express their ideas for the content not covered in the questionnaire.

3. Overview of the Survey Results

3.1. In the Current Situation of Enrollment Education: at Present, the Entrance Education Is Lack of Systematic and Continuous

The questionnaire surveyed the status quo of entrance education from the time of adapting to university life, the time and cycle of admission education, and the content covered by entrance education. The results showed that nearly 40% of the students said that they spent a month to

adapt to the life and study of the university; Nearly 39% of the students said that they only spent a week. Nearly 54% of the students thought that they had received one month of entrance education, but most of the students were not clear enough about what activities belonged to the entrance education when they reviewed the entrance education. At the same time, 56% of the students think that the cycle of freshmen's entrance education should be one month, and it is recommended that the school start the education before the new students enter the school. This will help the students to prepare for the school in advance, and also have Conducive to students to adapt to university life more quickly. Most of the students indicated that they participated in regular entrance education activities, such as "College Student Career Planning" (86%), "Military Training" (77%), "Safety Education" (82%), "Professional Introduction" (78%), " School history (42%) "Party education" (41%) and "mental health census" (64%), "student rules and regulations" (56%) and other education. Although these traditional forms of entrance education have achieved certain effects, they have not combined the actual needs of students with the situation of colleges and universities in a timely and comprehensive manner, thus forming a unique entrance education style belonging to each university. The so-called "characteristics" means to innovate the content and form of entrance education according to the school's educational philosophy, development planning, and the combination of local social development direction and the spirit of the times, so that entrance education can play a more active and effective role. Due to the large number of people, venues, funds, time, teachers and many other reasons, I believe that the content of freshmen's entrance education should focus on inspiring and guiding freshmen to achieve role transformation faster and better, and find the direction of struggle.

3.2. The Demand for Entrance Education: Need to Explore More New Models of Entrance Education

The questionnaires are based on professional learning, career planning, and new content to understand the new needs of contemporary college students for admission education. Nearly 75% of students want to know the professional prospects in professional learning, and nearly 70% of students want to know about the learning methods and the examinations. In terms of career planning, nearly 72% of students want to know the knowledge related to the employment direction of the profession, and another 60% of students want to know about self-employment, employment awareness and ideas, and employment skills training. Students believe that the content of current entrance education is still lacking. Nearly 76% of the students think that it is necessary to add the content of "innovation and entrepreneurship education", which is in line with the times, into the content of entrance education. At the same time, nearly 72% of students think that they should join the "social and etiquette education". 56% of the students think that it is necessary to carry out "self-cognitive education", which is beneficial to students to enhance their understanding of themselves and to be more rational and scientific. Set the goal of personal development. Some students also said that they should include "love education" (44%), "sex education" (29%) and "online education" (34%) in the entrance education. Nearly 67% of the students think that the guidance of interpersonal communication should be strengthened, and 61% of the students think that it is also important to strengthen the guidance of mental health. 76% of the students indicated that they had attended the class education in the form of a class meeting, and 66% of the students indicated that they had attended the admission education in the form of listening reports or lectures. However, the most appropriate forms of entrance education that students are willing to accept are "new students meeting" or "communication meeting", "listening to lectures or lectures", and "visiting campus". The most common "meeting at a school" is behind. This shows that the traditional form of entrance education has been neglected. Most of the students are more inclined to participate in the entrance education. They believe that direct experience exchange and their own experience are more conducive to achieving the best results. Among the 371

students surveyed, 66% said they needed entrance education. It can be seen that the entrance education of college freshmen is not only a routine work, but also a continuous work. Therefore, all colleges and universities have the obligation to continuously enrich the mode of enrollment education and improve the attractiveness of entrance education.

3.3. The Effect of Entrance Education: the Overall Effect Is Affirmed, and the Formal Content Needs to Be Innovated

The content of this part of the questionnaire includes the form of entrance education that has already participated, the form of favorite admission education, the person who has the most influence on you in entrance education, the factors that influence the effect of entrance education, the effect and necessity of entrance education. Nearly 37% of the students thought that the school's entrance education had achieved good results and helped a lot, but 6% of the students thought that the effect was poor and the help was less. For the system of college education and teaching, one of the important links is to do a good job in recruiting new students. Therefore, how to implement the entrance education work effectively has become a problem that college administrators need to ponder. The first step is of course to understand the reasons that affect the effectiveness of entrance education. Among the students surveyed, nearly 56% of the students believe that the reason for the poor effect of the new entrance education is that the content and form of the education are relatively old and not novel; 47% of the students also believe that the poor effect of education is due to the large number of people and the collective education. Due to the tight time given to the entrance education, most of the content can only be tasted and difficult to penetrate. At the same time, it is inevitable to consider the specific needs of the students; and due to the limitations of venues, personnel, funding, etc., most colleges and universities enrolled in the education. The report form is carried out. Throughout the process of enrollment, students are passively educated and have less interaction with teachers, so it is difficult to achieve the best results. Nearly 51% of the students commented on the way the new students entered the school. The method is monotonous and basically has no impression. The simple teaching method is boring, the college organization is hard, the students listen hard, and the educational effect is often half the battle. At the same time, nearly 69% of the students said that the content of their entrance education has to be strengthened in line with the characteristics of post-95 college students. This shows that the entrance education of college freshmen must match the ideological status and actual needs of the freshmen of the university. Nearly 59% of the students said that the person who had the most influence on themselves was a "counselor." Counselors in the work in the concept of loving students, from the student's stand to think about the problem, thus becoming the guide of most students in their life journey. 45% of the students think that the "class classmates" have a great influence on themselves. "Professional teachers" and "Schoolmasters" followed closely, accounting for 35% and 29% respectively. However, only 14% of the students said that "parents" had a greater impact on themselves, and 7% of the students said that "family" had less influence on themselves.

4. Factors Affecting the Effect of College Freshmen's Entrance Education

4.1. School Functions Have Not Formed A Synergy of Education and Lack of Coherence

Freshman entrance education is a routine job for colleges and universities. This work is the foundation of the ideological and political work of college students. The effective implementation of entrance education can directly affect the role transformation of students and lay a good foundation for the study and life in the next four years. The Central Committee of the Communist Party of China issued the "Opinions on Further Strengthening and Improving College Students' Ideological and Political Education" clearly stating that "the majority of

faculty and staff are responsible for the ideological and political education of college students." College entrance education is not a matter of one or several departments, nor is it done within a week or two or three weeks after the start of school. It requires the cooperation of the party committee and the administrative department involved in the school youth league committee, the academic affairs office, the security department, the logistics management office, the student office, etc., and has always carried out this work throughout the freshman year of the freshman year. However, the reality is that there is not enough interaction and coordination between the departments involved in the new entrance education. Because it is a routine work of colleges and universities, it is easy for the relevant staff to generate empiricism and take care of the matter. There is no educational synergy between the various departments to maximize the effectiveness of entrance education.

Most of the college entrance education work has a fixed set of modes, namely military training, opening conferences, special lectures, and teachers' reports. There is no time for students to adapt and understand more, but after the end of their school start-up period, when they encounter problems in their later study and life, the school's entrance education has already ended. According to the survey, college freshmen take three months to a year from the confusion and adaptation period, and some students take longer. Therefore, it is particularly important to improve the existing mode of entrance education.

4.2. The Content and Form of Entrance Education Are Not Attractive Enough

The content of college freshmen's entrance education is mostly the large-scale, short-term, and cramming of traditional school history education, military training, and class meetings. This kind of entrance education based on the old-fashioned mode has a single form, lacks attractiveness, dilutes the student's dominant position in the educational process, neglects the benign interaction between teachers and students, and makes students passive in the process of entrance education. further affecting the effect of entrance education. For example, in recent years, the problem of mental health problems of college students has increased, which has aroused widespread concern in the whole society. In addition to the general mental health surveys and regular psychological lectures after the regular entrance to school, the mental health education of most colleges during the entrance education period. No more measures. In the face of interpersonal communication, academic research, planning university life, and work ability training, which are more concerned by students, the old-fashioned entrance education cannot give a satisfactory answer.

4.3. Parents Did Not Play A Good Role in Entrance Education

Based on the current college entrance examination enrollment system, family factors and the role of parents are neglected in the current college entrance education. Most parents are accompanying their children to the school to report, and they have to leave the dormitory to leave. The understanding of the campus environment is also a fancy. Not to mention the in-depth understanding of the school's school-running model, educational philosophy, professional settings, teacher equipment and other core content. Due to the fact that most parents are in different places, there is no way to participate in parent conferences or other opportunities for the school and parents to meet again. However, the parents assume the enlightenment of the student education and the role of the first responsible person. Only the parents are the most understanding of their child's personality characteristics. Only by including the parental group of students into the entrance education system can students be better and faster integrated into the new collective, adapt to new life, and complete the transition from high school students to college students.

5. Ways to Optimize the Effect of College Freshmen's Entrance Education

5.1. Establish a Special Committee for Admission Education

Construct a special committee composed of senior students, department teachers and employees. The committee's job is to set the goals and content of the entrance education. At the same time, the committee is also responsible for coordinating admissions publicity, major event planning, coordinating various activities organized by the Faculty and Student Union, and responsible for budget and logistics. Freshmen's activities are characterized by a clear theme and a coherent cycle. We can also divide admission education into three stages. The first stage is an online orientation program starting in the summer. The purpose of this stage is to give students and parents a general understanding of the school, which will help the new students adapt to the culture and education of the university in advance, and also help to better carry out the project. Admissions promotion. The first week after the start of the school is the second stage. In the first week after the start of the freshman year, students will be able to familiarize themselves with the school environment, teachers, staff and exchanges with senior students, graduate students and international students in the shortest possible time. The third stage is the entire school year of freshman. For example, some professional internships, volunteer activities, and community activities are very effective. They help students understand the gap between idealism and the real society, cultivate students' sense of social responsibility, and identify their own. Positioning and working hard to establish a good image of college students in the new era.

5.2. Optimize the Form and Content of Entrance Education

A generation born around 2000, they pay more attention to teamwork, yearning for freedom, equality, challenging traditions, receiving authoritative knowledge, and eager for excellent results. In this way, I believe that the current entrance education needs include: school introduction, university curriculum and professional prospects, methods and methods of university study, university research methods, career planning, innovation and entrepreneurship, time management, self-awareness and mental state adjustment. Effective interpersonal communication courses help students to achieve role transformation smoothly. Therefore, in specific forms, we can adopt career reports, teacher lectures, theme class meetings, alumni symposia or visit off-campus training bases, as well as online and offline ways through online forums, social networking sites or smartphone apps. It opens up new channels for communication and exchange between teachers and students. For example, at the beginning of the school, you can launch a "life habit survey" through the mobile app. According to the background data analysis, you can assign the student number and arrange the dormitory according to living habits and study habits, so as to better avoid some dormitory conflicts and alleviate the students' psychology. Stress and enhance happiness. Most students have less knowledge about mental health before entering college. They can't make a rational assessment of their psychological state. When they encounter difficulties and troubles in the future, their potential psychological problems are easily amplified, resulting in a series of The problem. Therefore, we should focus on mental health education at the stage of entrance education, and teach students how to understand their psychological state, the harm and performance of psychological problems, and how to seek professional help when encountering problems. I believe that there is a full and scientific mental health education in the early stage, which will lay a good psychological foundation for the study and life of the entire university.

5.3. Enhance Parental Participation and Play A Greater Role

Strengthening contact with parents of students, on the one hand, let parents understand the life of students, on the other hand, parents can understand the university and university management system, and give students to the school with peace of mind. For the new education,

in addition to the careful planning and arrangement of the school, it is also necessary to cooperate with the society and the family, and to expand the participants to the family members, can create a harmonious growth atmosphere for the students. Because the family has a great influence on students, in addition to the regular parental WeChat group and QQ group, colleges and universities should adopt the method of family welcoming, that is, during the registration period, the designated day is dedicated to the parents of the students and is admitted. Parents are prepared to indicate the specific date and place on the notice. The main purpose of setting up the Parent Reception Day is to enable teachers and parents to talk face to face, and to listen to parents' questions and suggestions about the school, to share the experience of educating the children and to communicate with some questions that may be encountered after the students enter the school. For example, let parents listen to psychological lectures, let the school psychological teachers introduce parents to the psychological problems and performances that students may encounter after entering the school. They can let parents pay attention to the students' psychological state and reduce the incidence of psychological problems. After the welcome, the school parent committee is set up to strengthen the school's contact with parents, timely feedback on the students' learning and living conditions, reflect the parents' opinions, and maximize the use and utilization of parent resources for students' innovation and entrepreneurship. Help with things like off-campus development.

6. Conclusion

In summary, the university stage is a new starting point compared with high school. It is different from high school in the new campus atmosphere, teacher teaching methods, learning methods, interpersonal relationship and eating and drinking. In the middle school education, it is often done as a goal to enter the university. Once you enter the university, the students will easily slack off and feel that the goal has been achieved. In addition, the reality of the university and the ideal university gap often make the students feel If you are at a loss, you will be able to extend your schooling period. Some students will even fall down on it. Therefore, high-quality college freshmen entrance education can better guide students to correctly understand the university stage, adapt to university life, realize the role change from high school to university, develop good behavior habits and establish learning goals, and lay a good foundation for students to successfully complete university studies. Based on the questionnaire, this paper can provide real ideas and effective data from students to guide schools to more rationally arrange the content, form, participants and time of new students' entrance education, which has important practical significance for improving the quality of entrance education.

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